

Cracking the MCAT Code

A Complete Guide to Its Anatomy and Structure



Dr. Ken Tao
Director of MCAT
MedSchoolCoach

Meet your **Host**



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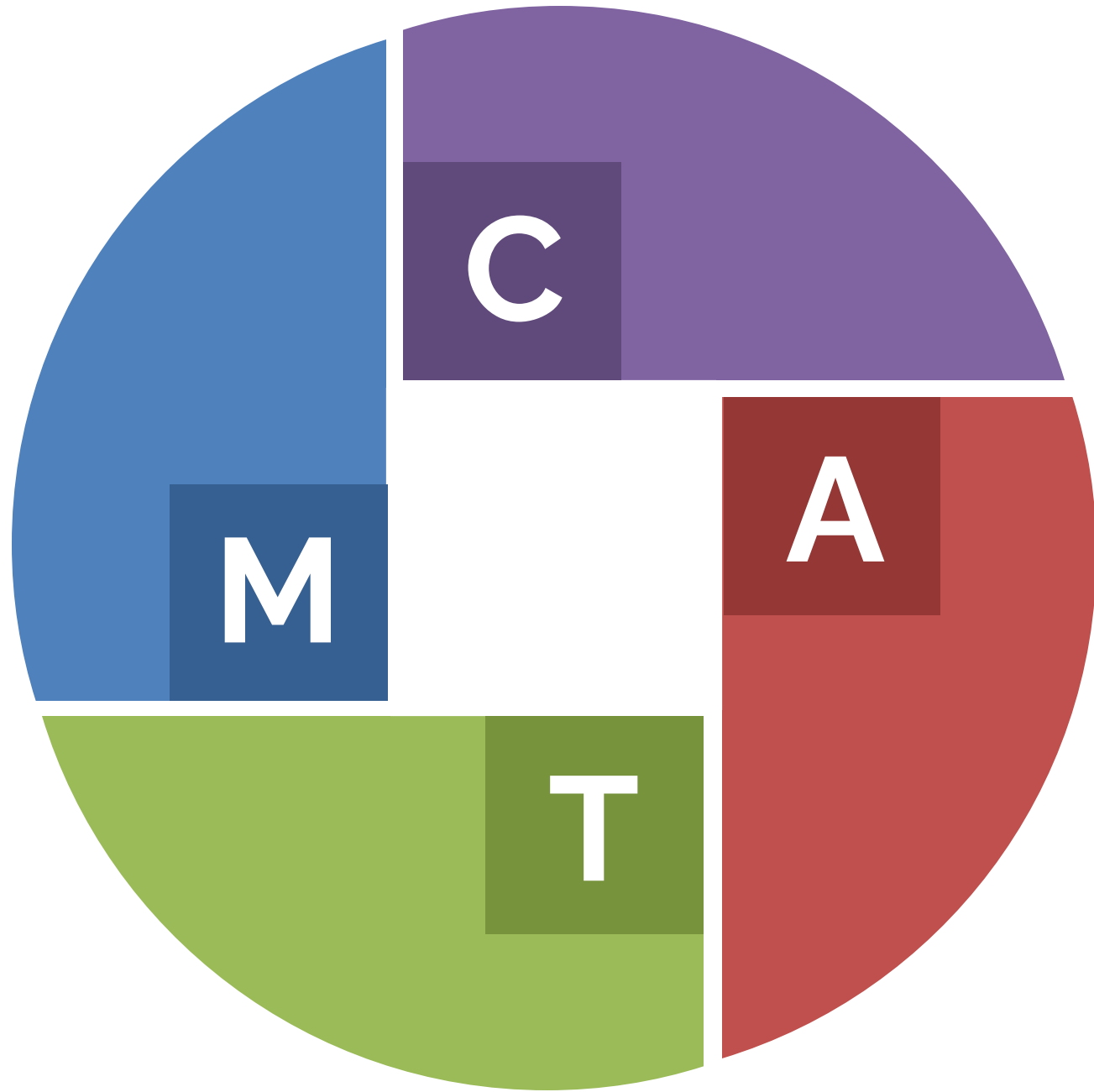
Dr. Ken Tao, an alumnus of UC Berkeley and Harvard University, boasts degrees in Bioengineering, Molecular and Cell Biology, and a Ph.D. in Neuroscience. As the Director of MCAT for MedSchoolCoach, he is recognized for exceptional MCAT tutoring skills, leadership of a top-tier tutoring team, and an extraordinary record in student score improvement.

| Today's **Agenda**

- What is the MCAT exam
- What is a good MCAT score
- How to Master the MCAT
- Open Q&A



The MCAT Exam

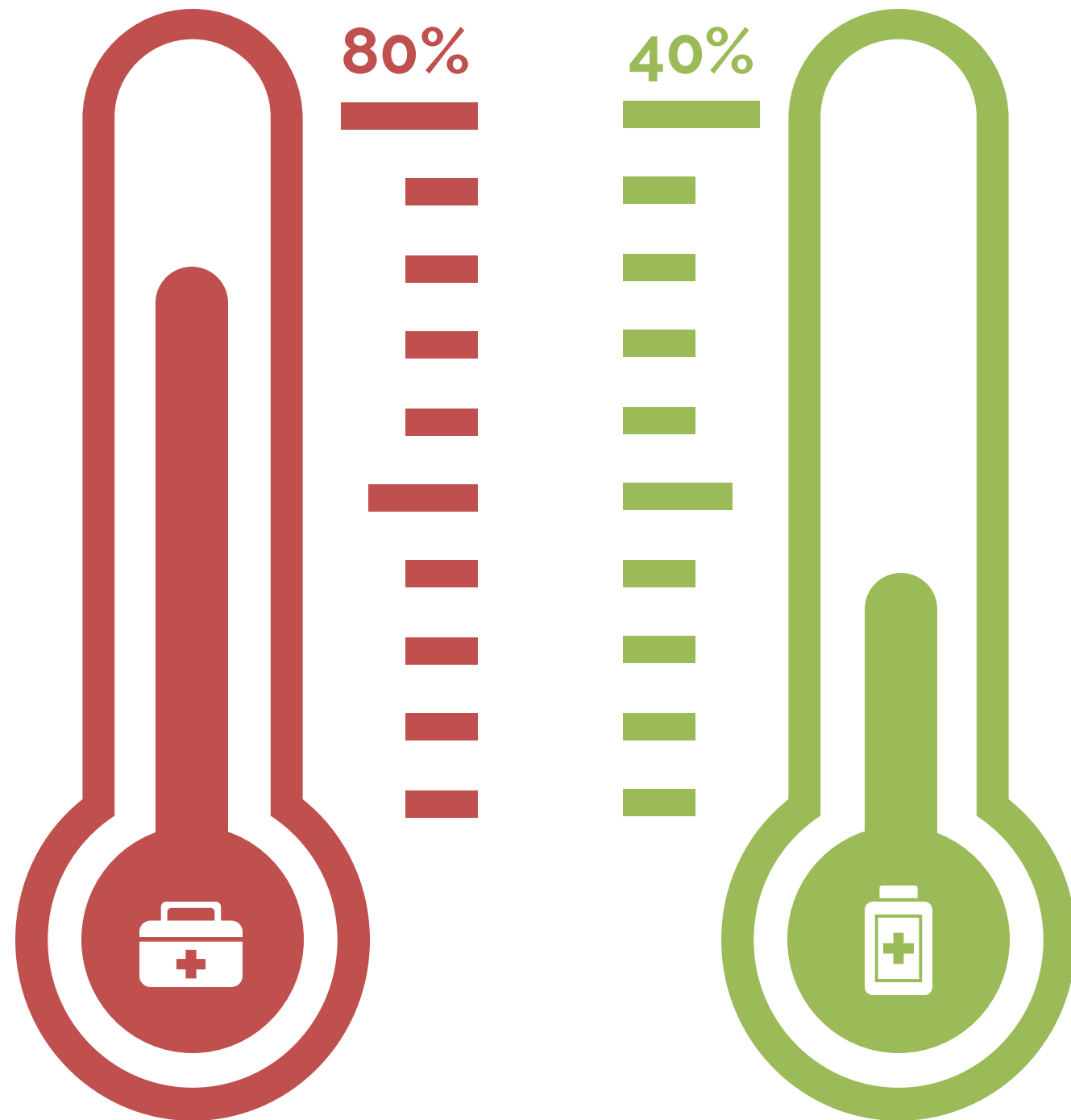


Test Dates

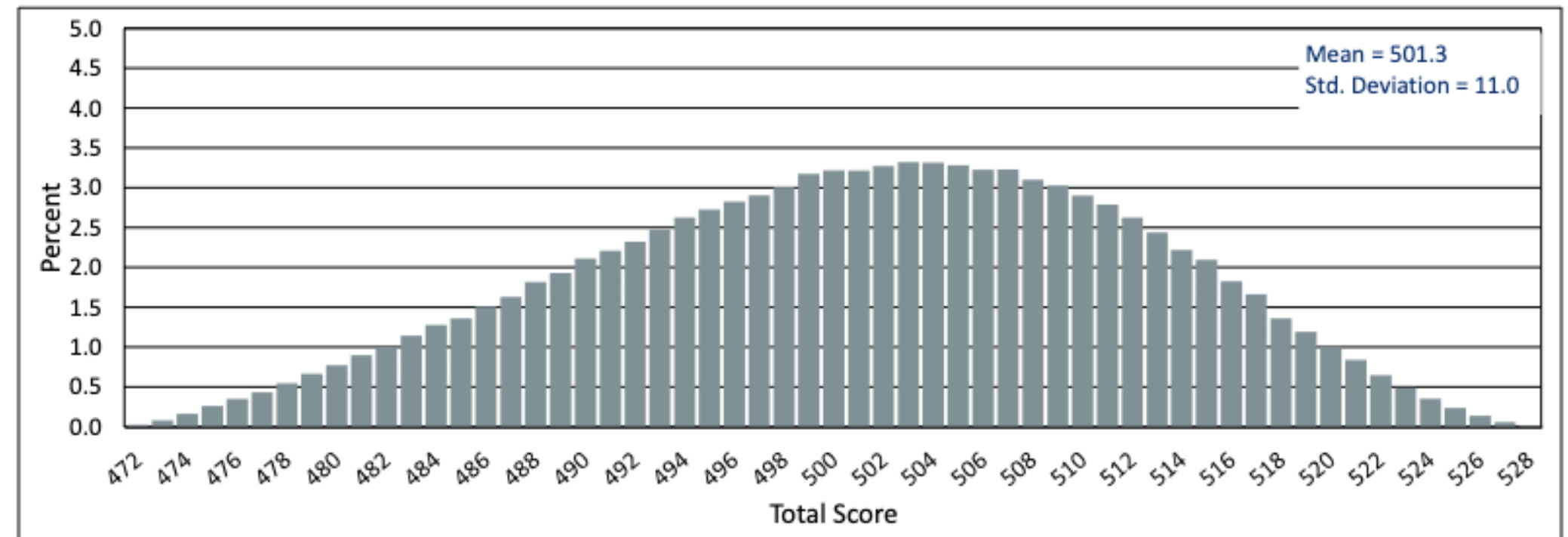
- The MCAT is only offered in the months of January and March-September
- There are multiple test dates available for each month

Register early to make sure you can get your desired test date and testing center!

What is a good MCAT score?



MCAT Percentiles 2023 – 2024



What is a good MCAT score?

MCAT and GPA Grid for Accepted Students to Medical Schools 2019 - 2022											
		MCAT									
		<486	486-489	490-493	494-497	498-501	502-505	506-509	510-513	514-517	>517
GPA	>3.79	1.2	2.1	5.5	17.1	28.3	40.2	55	69.1	77.5	84.2
	3.60-3.79	1.1	0.8	4.5	11.5	21.3	29.8	41.7	58.4	68.9	74.3
	3.4-3.59	1.3	1.2	2.5	9.6	17.6	24.5	33.6	47.5	57.3	64.3
	3.2-3.39	0.4	1	2.1	7.3	14.7	22.2	29.5	39.6	49.9	55
	3.0-3.19	0.3	0.5	1.6	6.7	15.3	20.7	26.3	32.1	42.4	52.6
	2.8-2.99	0.4	0.9	1.5	3.7	11.2	17.6	22.8	28.9	32.4	46.7
	2.6-2.79	0	1.2	0.9	4	9.9	16.5	23.3	24	30.5	28
	2.4-2.59	0	0	1.2	3.3	4.7	6.9	24.7	18.4	23.5	30
	2.2-2.39	0	0	0	4.6	10.4	8.3	24.2	16.7		
	2.0-2.19	0	0	0	0	0	0				
	<2.0	0	7.7	0							

✓ MCAT and GPA both matter

✓ A high MCAT score can compensate for a low GPA

✓ Raising your MCAT score by just a few points makes a big difference!!

Focus On Your Courses Before the MCAT

- Ideally, you want to take all of the MCAT pre-requisite courses before you take the MCAT. Here are all of the courses you should plan on taking:
- General Chemistry I and II
- Organic Chemistry I and II
- Physics I and II
- Biochemistry
- Biology I and II
- Introduction to Psychology
- Introduction to Sociology

Create an Effective Study Plan

		<div>MEDSCHOOLCOACH</div> <div>helping you achieve your medical school dreams</div>			Legend	Content Review	Major Landmark
						AAMC Content Review	Day Header (# of hours/day)
						Tentative Tutoring Appointment	Personal Day
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 5	5/26/19	5/27/19	5/28/19	5/29/19	5/30/19	5/31/19	6/1/19
5/26/19	TPR General Chemistry 8	TPR Biology 5	TPR General Chemistry 12	TPR Organic Chemistry 6	TPR Psych/Soc 8	TPR Psych/Soc 9	TPR Biology 9
	TPR General Chemistry 9	TPR General Chemistry 11	TPR Organic Chemistry 5	TPR Organic Chemistry 7	TPR Biology 7	Kaplan Biochemistry 1	Kaplan Biochemistry 3
	TPR General Chemistry 10	TPR Organic Chemistry 4	TPR Biology 6	TPR Physics 3	TPR Biology 8	Kaplan Biochemistry 2	TPR Physics 7
	TPR Organic Chemistry 3			TPR Physics 4	TPR Physics 5	TPR Physics 6	Kaplan Biochemistry 4
Week 6	6/2/19	6/3/19	6/4/19	6/5/19	6/6/19	6/7/19	6/8/19
6/2/19							Wedding
	TPR Physics 8	TPR Physics 9	TPR Biology 11	TPR Psych/Soc 11	TPR Biology 12	Kaplan Biochemistry 10	Kaplan Biochemistry 11
	TPR Biology 10	Kaplan Biochemistry 6	Kaplan Biochemistry 7	TPR Psych/Soc 12	Kaplan Biochemistry 9	TPR Physics 14	Kaplan Biochemistry 12
	Kaplan Biochemistry 5	TPR Physics 10	TPR Physics 11	Kaplan Biochemistry 8	TPR Physics 13	TPR Biology 13	
	TPR Psych/Soc 10		TPR Physics 12				
Week 7	6/9/19	6/10/19	6/11/19	6/12/19	6/13/19	6/14/19	6/15/19
6/9/19	Wedding	Wedding	10 hrs	10 hrs	8 hrs	7 hrs	7.5 hrs
	Finish Content Review	Begin AAMC Materials	Chemistry QP 1A	Physics QP 1A	Official Guide Questions (Morning) + Review (Afternoon)	Chemistry QP 1B	AAMC Sample Test
	TPR Biology 14	3.5 hrs	CARS QP 1A	CARS QP 1B		Physics QP 1B	
	MCAT Lab Techniques Doc	Biology QP 1A	Biology QP 1B	Biology QP 2A			
Week 8	6/16/19	6/17/19	6/18/19	6/19/19	6/20/19	6/21/19	6/22/19
6/16/19	Family Dinner	6 hrs	9 hrs	6 hrs	7.5 hrs	9 hrs	5.5 hrs
	2 hrs	AAMC Sample Test Review Review (Final 3/4)	Biology QP 2B	Psych/Soc Section Bank A	AAMC Practice Test 1	AAMC Practice Test 1 Review	Chem/Phys Section Bank A
	AAMC Sample Test Review (First 1/4)		Chem/Phys Section Bank A	CARS QP 2A			Bio/Biochem Section Bank
			Bio/Biochem Section Bank A				
Week 9	6/23/19	6/24/19	6/25/19	6/26/19	6/27/19	6/28/19	6/29/19
6/23/19	6.5 hrs	7.5 hrs	9 hrs	7.5 hrs	9 hrs	Rest Day	Test Day
	Psych/Soc Section Bank B	AAMC Practice Test 2	AAMC Practice Test 2 Review	AAMC Practice Test 3	AAMC Practice Test 3 Review		
	CARS QP 2B						

A study schedule is important for holding yourself accountable to your studies!



Review Science Content **Over and Over Again**



Practice like a **it's your test day**



Reviewing Practice Exams

Why?

Why did I get this question wrong?

How?

How do I get this type of question right next time?

What?

What content knowledge was I lacking?

You must learn from your mistakes to improve your score!

Questions?

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