

MCAT Unveiled: A Comprehensive Guide to Conquering the MCAT for PreMed Students



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Meet your **Host**



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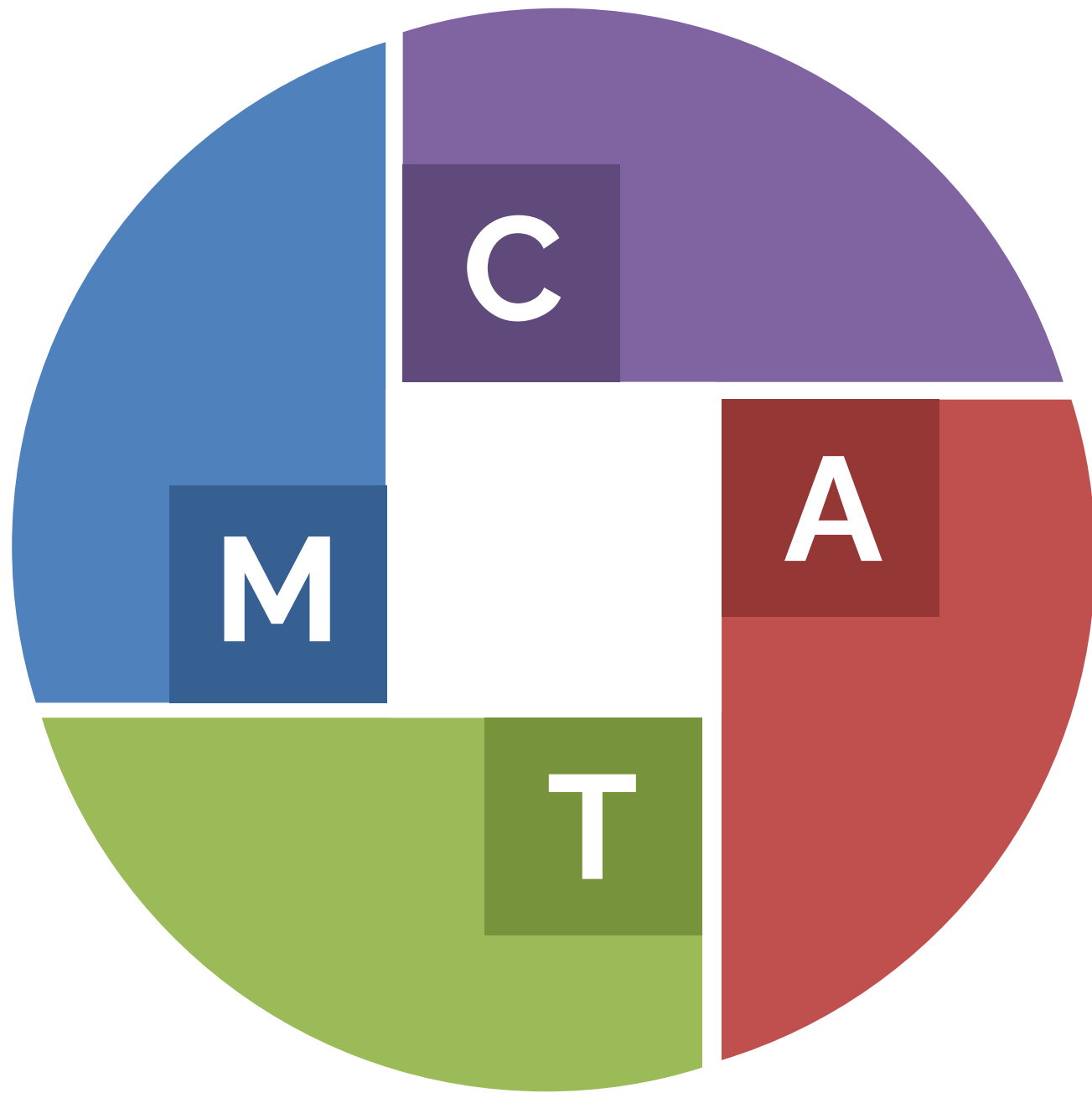


Today's Agenda

- What is the MCAT exam
- What is a good MCAT score
- How to Master the MCAT
- How MedSchoolCoach Can Help You
- Open Q&A



The MCAT Exam

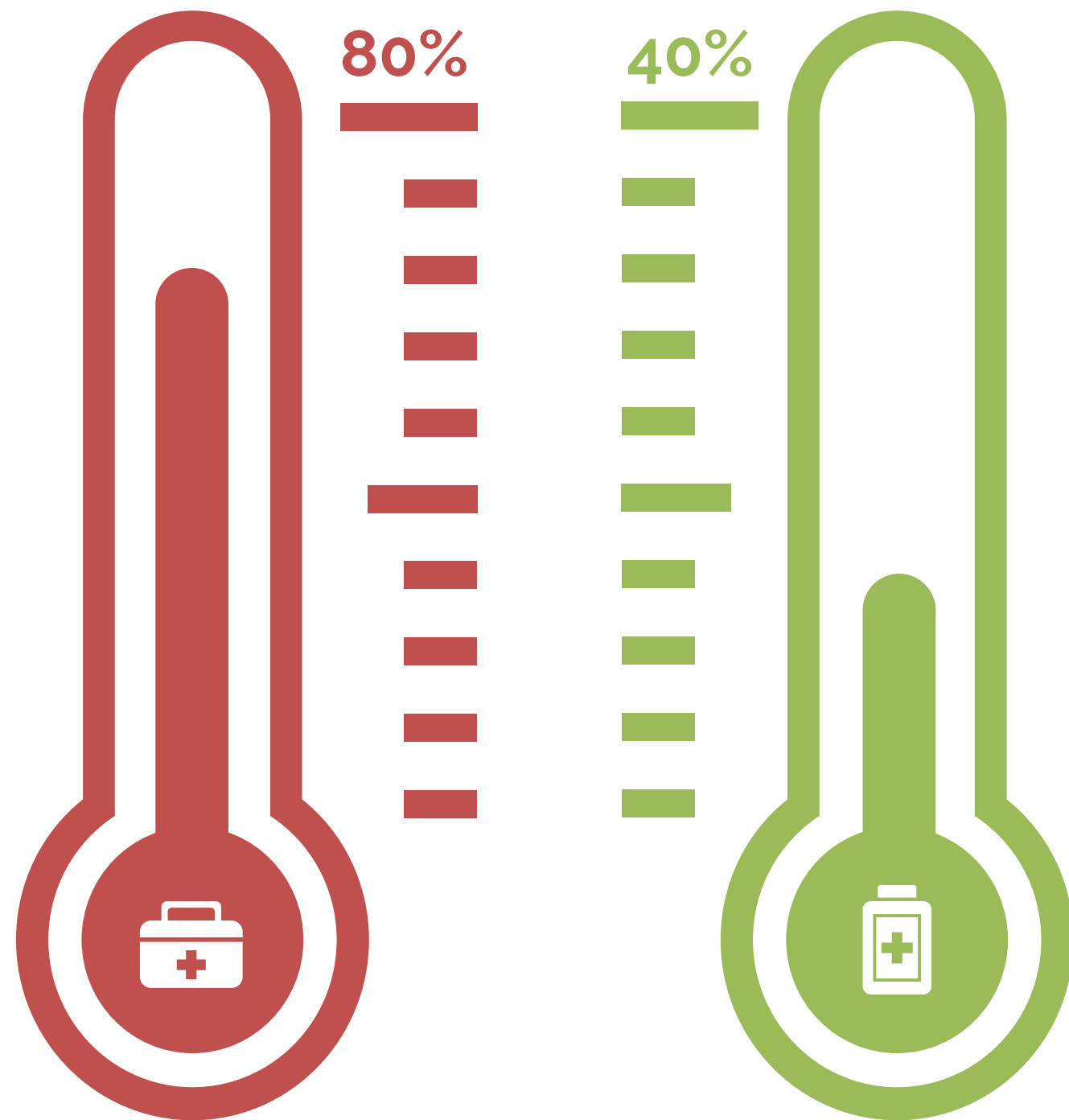


Test Dates

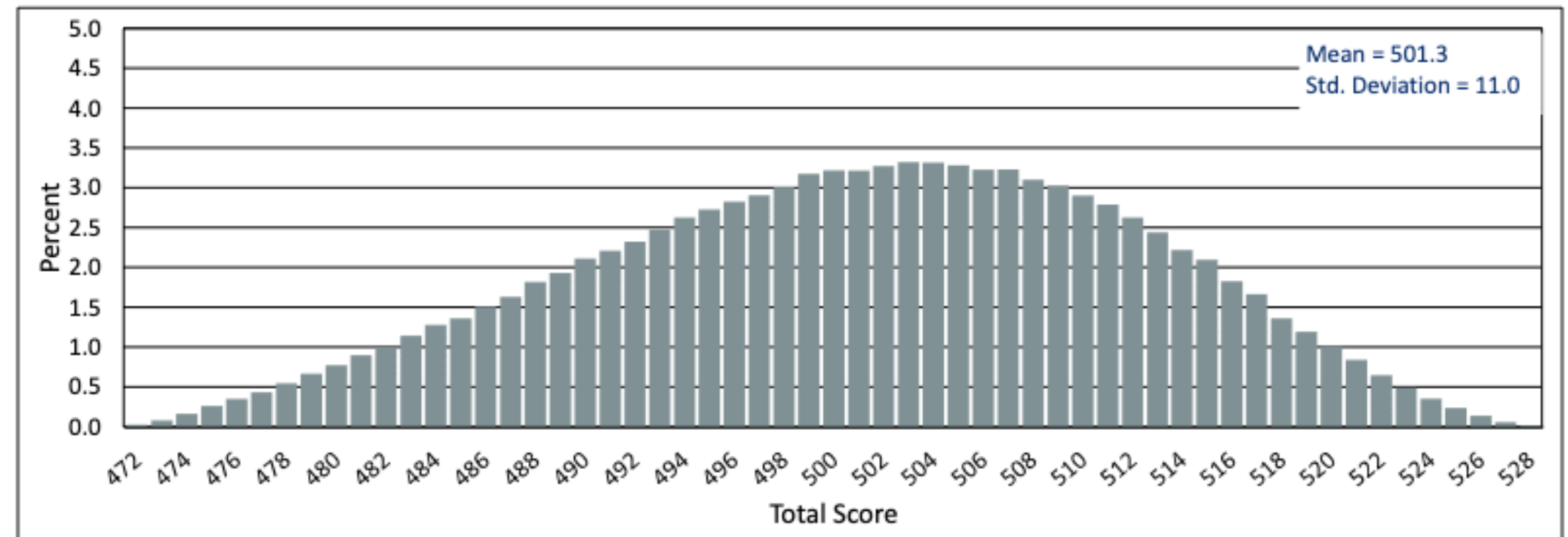
- The MCAT is only offered in the months of January and March-September
- There are multiple test dates available for each month

Register early to make sure you can get your desired test date and testing center!

What is a good MCAT score?



MCAT Percentiles 2023 – 2024



What is a good MCAT score?

MCAT and GPA Grid for Accepted Students to Medical Schools 2019 - 2022											
		MCAT									
		<486	486-489	490-493	494-497	498-501	502-505	506-509	510-513	514-517	>517
GPA	>3.79	1.2	2.1	5.5	17.1	28.3	40.2	55	69.1	77.5	84.2
	3.60-3.79	1.1	0.8	4.5	11.5	21.3	29.8	41.7	58.4	68.9	74.3
	3.4-3.59	1.3	1.2	2.5	9.6	17.6	24.5	33.6	47.5	57.3	64.3
	3.2-3.39	0.4	1	2.1	7.3	14.7	22.2	29.5	39.6	49.9	55
	3.0-3.19	0.3	0.5	1.6	6.7	15.3	20.7	26.3	32.1	42.4	52.6
	2.8-2.99	0.4	0.9	1.5	3.7	11.2	17.6	22.8	28.9	32.4	46.7
	2.6-2.79	0	1.2	0.9	4	9.9	16.5	23.3	24	30.5	28
	2.4-2.59	0	0	1.2	3.3	4.7	6.9	24.7	18.4	23.5	30
	2.2-2.39	0	0	0	4.6	10.4	8.3	24.2	16.7		
	2.0-2.19	0	0	0	0	0	0				
	<2.0	0	7.7	0							

✓ MCAT and GPA both matter

✓ A high MCAT score can compensate for a low GPA

✓ Raising your MCAT score by just a few points makes a big difference!!

Create an Effective Study Plan

Legend Content Review Major Landmark AAMC Content Review Day Header (# of hours/day) Tentative Tutoring Appointment Personal Day							
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 5	5/26/19	5/27/19	5/28/19	5/29/19	5/30/19	5/31/19	6/1/19
5/26/19	TPR General Chemistry 8 TPR General Chemistry 9 TPR General Chemistry 10 TPR Organic Chemistry 3	TPR Biology 5 TPR General Chemistry 11 TPR Organic Chemistry 4	TPR General Chemistry 12 TPR Organic Chemistry 5 TPR Biology 6 TPR Physics 4	TPR Organic Chemistry 6 TPR Organic Chemistry 7 TPR Physics 3 TPR Physics 4	TPR Psych/Soc 8 TPR Biology 7 TPR Biology 8 TPR Physics 5	TPR Psych/Soc 9 Kaplan Biochemistry 1 Kaplan Biochemistry 2 TPR Physics 6	TPR Biology 9 Kaplan Biochemistry 3 TPR Physics 7 Kaplan Biochemistry 4
Week 6	6/2/19	6/3/19	6/4/19	6/5/19	6/6/19	6/7/19	6/8/19
6/2/19	TPR Physics 8 TPR Biology 10 Kaplan Biochemistry 5 TPR Psych/Soc 10	TPR Physics 9 Kaplan Biochemistry 6 TPR Physics 10	TPR Biology 11 Kaplan Biochemistry 7 TPR Physics 11	TPR Psych/Soc 11 TPR Psych/Soc 12 Kaplan Biochemistry 8 TPR Physics 12	TPR Biology 12 Kaplan Biochemistry 9 TPR Physics 13	Kaplan Biochemistry 10 TPR Physics 14 TPR Biology 13	Wedding Kaplan Biochemistry 11 Kaplan Biochemistry 12
Week 7	6/9/19	6/10/19	6/11/19	6/12/19	6/13/19	6/14/19	6/15/19
6/9/19	Wedding Finish Content Review TPR Biology 14 MCAT Lab Techniques Doc	Wedding Begin AAMC Materials Biology QP 1A	10 hrs Chemistry QP 1A CARS QP 1A Biology QP 1B	10 hrs Physics QP 1A CARS QP 1B Biology QP 2A	8 hrs Official Guide Questions (Morning) + Review (Afternoon)	7 hrs Chemistry QP 1B Physics QP 1B	7.5 hrs AAMC Sample Test
Week 8	6/16/19	6/17/19	6/18/19	6/19/19	6/20/19	6/21/19	6/22/19
6/16/19	Family Dinner 2 hrs AAMC Sample Test Review (First 1/4)	6 hrs AAMC Sample Test Review (Final 3/4)	9 hrs Biology QP 2B Chem/Phys Section Bank A Bio/Biochem Section Bank A	6 hrs Psych/Soc Section Bank A CARS QP 2A	7.5 hrs AAMC Practice Test 1	9 hrs AAMC Practice Test 1 Review	5.5 hrs Chem/Phys Section Bank B Bio/Biochem Section Bank B
Week 9	6/23/19	6/24/19	6/25/19	6/26/19	6/27/19	6/28/19	6/29/19
6/23/19	6.5 hrs Psych/Soc Section Bank B CARS QP 2B	7.5 hrs AAMC Practice Test 2	9 hrs AAMC Practice Test 2 Review	7.5 hrs AAMC Practice Test 3	9 hrs AAMC Practice Test 3 Review	Rest Day	Test Day



A study schedule is important for holding yourself accountable to your studies!

Effective Use of Study Resources



1. Using Premade Flashcards

Good start but you can definitely do better!



2. Creating Your Own Flashcards

Another step in the right direction!



3. Optimizing Your Flashcards

Do I actually need to know this!?



4. Proven Review Strategies

You can't review 1000 flashcards everyday!

Review Science Content **Over and Over Again**



Practice like a 99th percentile student



Reviewing Practice Exams

Why?

Why did I get this question wrong?

How?

How do I get this type of question right next time?

What?

What content knowledge was I lacking?

You must learn from your mistakes to improve your score!

How to Review Practice Exams - Example #1

Question 1

If a transmission electron microscope uses a diverging lens with a focal length of 2 cm, what is the power of this lens?

- A. -50 D
- B. -0.5 D
- C. 0.5 D
- D. 50 D

Why did I get this question wrong?

-

How do I get this type of question right next time?

-

What content knowledge was I lacking?

-



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Questions?