

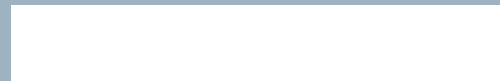
How to Interact with your Professors at Community College and University

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- **UC, Davis SOM Post-
Baccalaureate Students**

**UC, Davis SOM Office of Student
and Resident Diversity**



Embrace the pace
of your own
journey

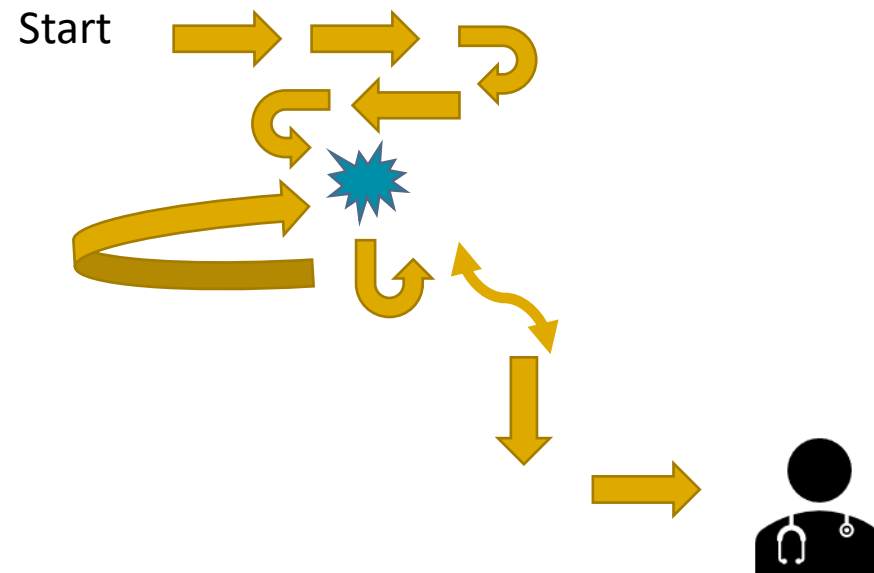


Medical School Timeline

How people think it is



How it really is



What is a syllabus?

- Where to find syllabus
- Professor's contact information
- Information about the class
 - Objectives/Expectations
 - Grading
 - Text Requirements
 - Absences
 - Online Synchronous
 - Online Asynchronous
 - In-person
- Time and Dates of class meetings
- **OFFICE HOURS (Virtual or In-Person)**

UC Davis School of Medicine
Postbaccalaureate Program Seminar
HIST 152 – Class Syllabus – Spring Quarter

Class details:
2-unit seminar
Course Meeting: TTH 2PM-3PM

Faculty Director: Mrs. Professor
professor@ucdavis.edu
Office Hours: MW 2:00PM-3PM
Office: Betty Irene Moore Hall, Room 152A

Fridays 1:00 pm- 3:00pm

Objectives:
In this 2-unit seminar, you will engage with speakers and activities to

- Understand health disparities and the effect on diverse communities of California, including various aspects at local, regional, and systems levels
- Develop a professional identity to integrate into the culture of medicine, specifically leadership and communication skills
- Develop critical reading skills to apply to different kinds of texts
- Critically critique personal writing by producing and reviewing passages of reflective writing

Expectations:

- **Attendance is required.** Notify Nancy early if you plan to miss a class. If you miss class due to an emergency, contact Nancy ASAP via email. Missed classes can be made up through alternate assignments (assigned by Nancy) to avoid earning a “No Pass” for the class.

Focus

Benefits of Talking to Professors

- Expert in the discipline/Career Ideas (**don't be afraid to ask for support**)
 - Resource
 - Resources
- A better understanding of expectations and/or class materials
- Communication/interpersonal skills
- Recommendation letters



In Class Interactions

- Genuine Questions
- Ask questions about what is being discussed
- Engage in the discussion
- Provide thoughts when appropriate
- Before and after class



Professor's Office hours are a great time for:

- Explanations on current class topics
- Asking for feedback on exams/papers
- Ask for study tips
- Discuss current grade (**Do not wait until the end of class to do this!**)
- Personal problems that are impacting your academics
- Simply introduce yourself
- Their academic/career journey
- If office hours do not work for you...



Keep in mind that some office hours may be virtual. Check your syllabus.

When You are Emailing...

- Send from your school account.
- Include your full name (and ID number).
- Identify your class, e.g. SOC 201: Intro To the Study of Society.
- Address your professor as “Dear Prof. {X}”. Don’t use “Hey” or other informal, casual language.
- Understand that you may not get an immediate response.
- **Proofread.** Especially if you are composing the email on your cellphone.
- Think before you send. Did you check the syllabus for the answer? Are you clearly articulating your question or concern? The easier it is to understand what you are saying in the email, the easier it is for your professor to reply. Consider the tone of your email.

Transitioning from Community College to University

Classroom
Size

Practitioner
vs.
Researcher



Statements or Questions to Avoid

- How can I get an A?
- I worked so hard! I deserved an A!
- Your class is too hard
- I don't like the way you teach
- I can count on you to write me a recommendation letter, right?

Asking for Recommendation Letters

- Do they know you well?
- Do you feel you have a connections with the professor?
- Don't ask a professor because of their title
- “Do you think you would be able to write me a **strong** recommendation letter?”
- How do I maintain a relationship with a professor...
- Update emails

Counselor/Mentor

- Meet with your counselor
 - Education/Transfer Plan (Semester by semester)
 - Knowledgeable on various resources
 - Scholarship/Internship Opportunities
 - Clinical/Research Opportunities
- Mentor
 - Clinical/Research Opportunities
 - Knowledgeable on various resources
 - General Advice

Remember

- Visit during designated office hours
 - Review your syllabus for details
 - Make sure you show up on time
 - If you cannot meet your professor during their office hours, contact them to see if they have another time to meet.
- Use your professor's appropriate title
- Office hours may be intimidating but...



Student Panel

