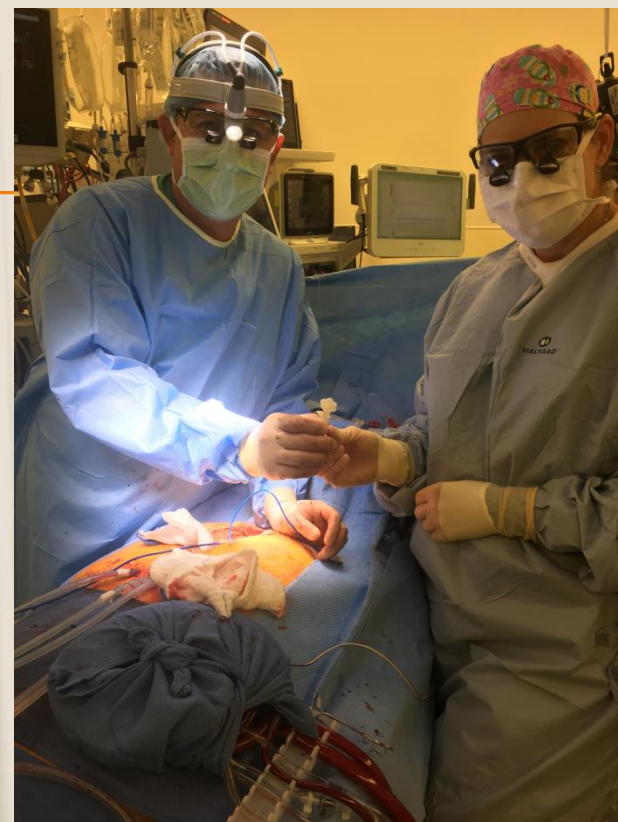
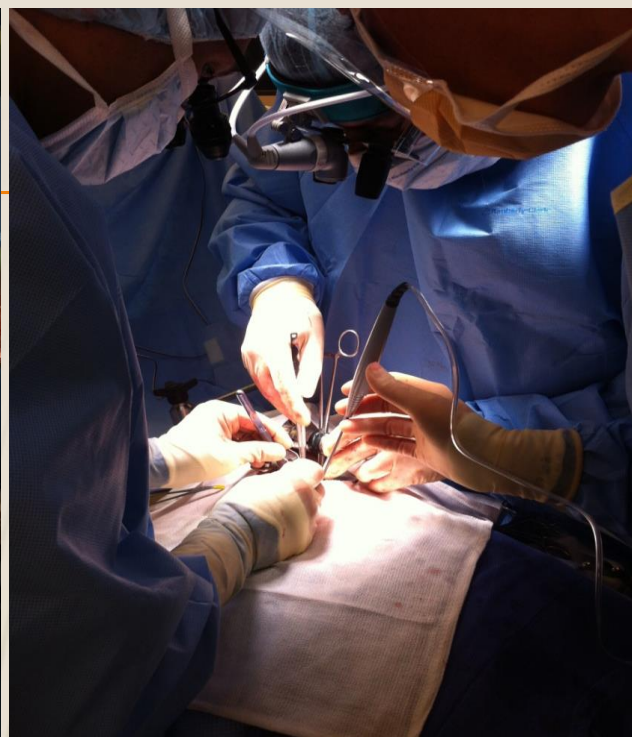
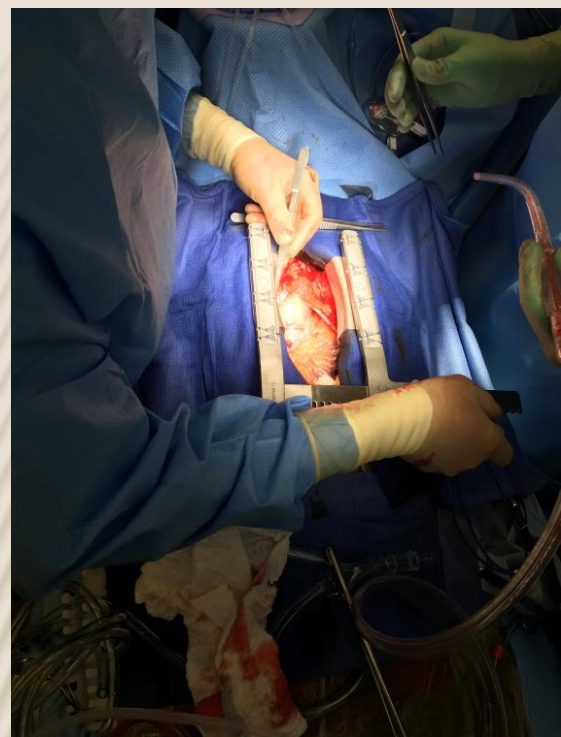




Luis A. Godoy, M.D.
Cardiothoracic Surgery
University of California Davis







Luis Armando Godoy, M.D.

–Who I really am.....

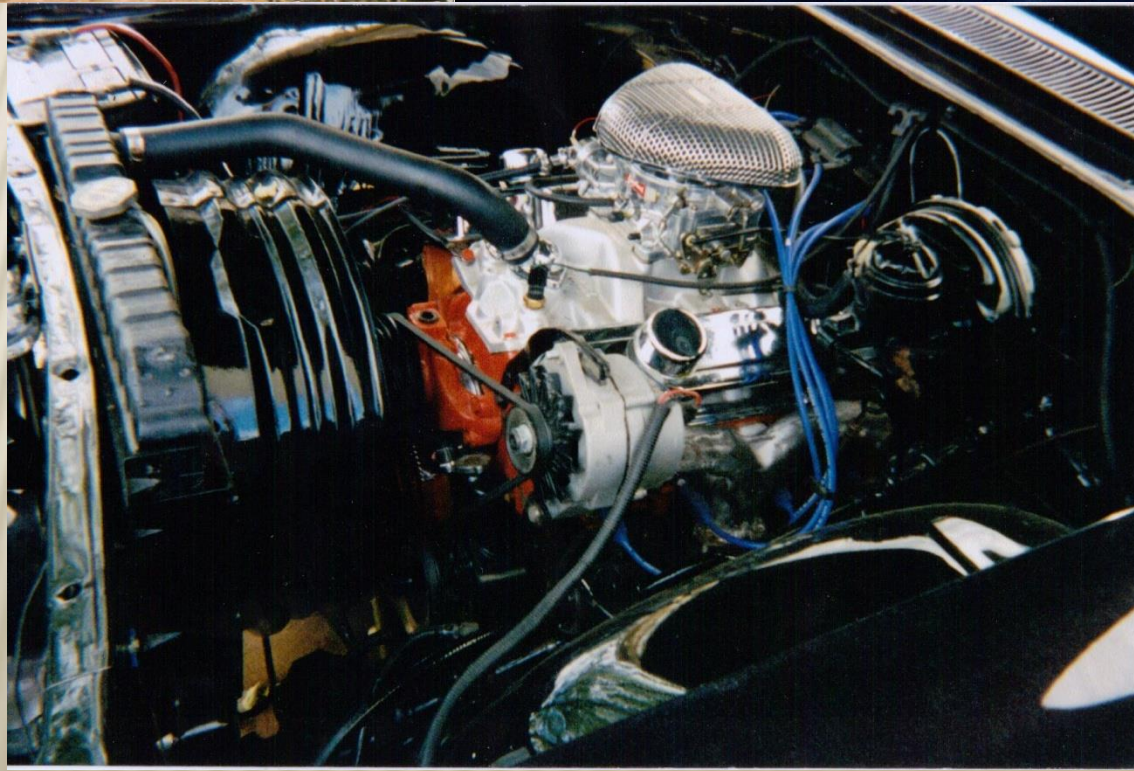


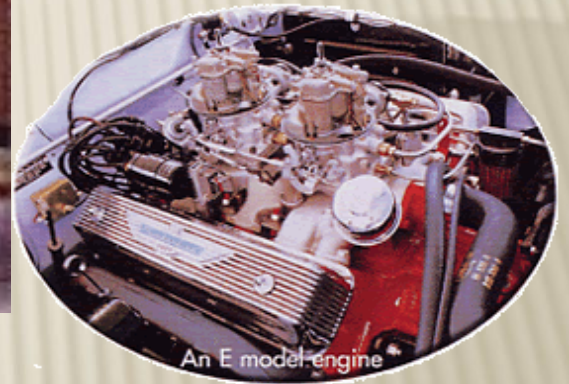


Tacatzcuaro, Michoacan

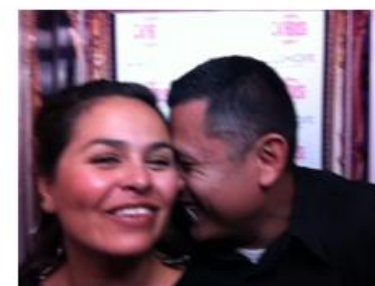
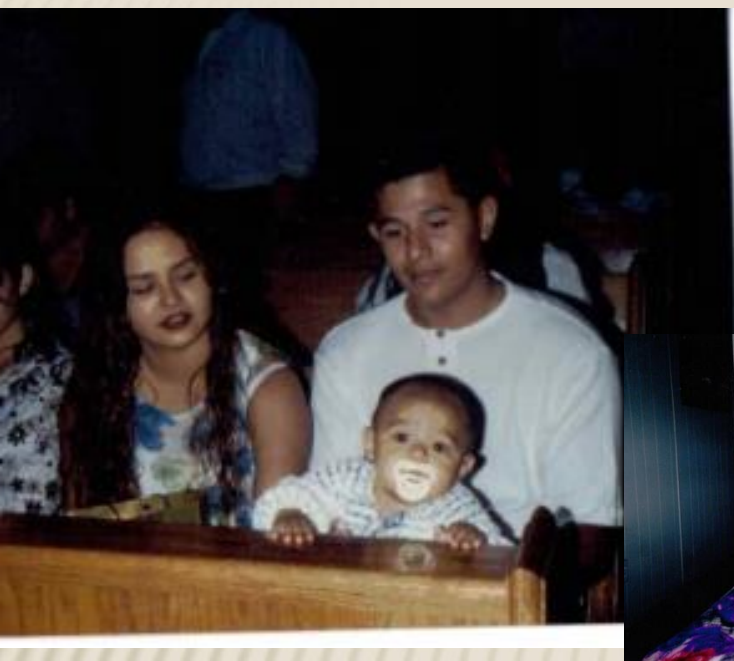


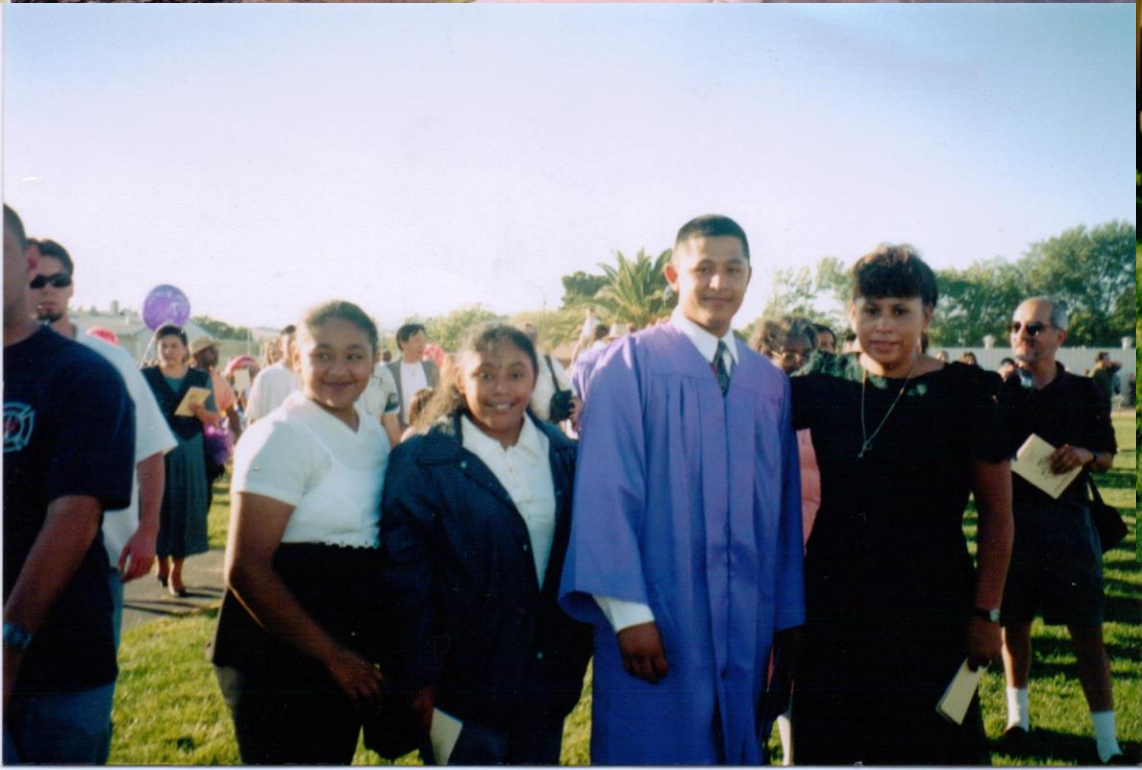






Battle Bird





Armijo Class of 1997!!!

HIGH SCHOOL TRANSCRIPT

Academic GPA: 3.167	U.S. Hist Cp	D-
	Crd Att: 30.000 Cmp: 25.000	Academic GPA: 1
	FSUSD Summer School Grd 11 8/1996	
D+ 5.000	3035 English 11	C-
A 5.000	7034 U.S.Hist. S2	A
D 5.000	Crd Att: 5.000 Cmp: 5.000	Academic GPA: 2
F		
B+ 5.000	Armijo High School Grd 12 1/1997	
B 5.000	2450 Geometry	A-
Academic GPA: 2.000	4550 Chemistry	B-
	5353 American Govt	C-
	5453 Economics	C
A- 5.000	7920 Woods I	B
C+ 5.000	9845 Computer Literacy	B
P 2.000	Crd Att: 30.000 Cmp: 30.000	Academic GPA: 2.1
Academic GPA: 2.000	Armijo High School Grd 12 6/1997	
	0363 Creative Writing	D- 5
A 20.000	0563 Short Story	F 5
P 2.500	2450 Geometry	C 5
B+ 10.000	4550 Chemistry	C- 5
A 10.000	7920 Woods I	A 5
B 10.000	Crd Att: 25.000 Cmp: 20.000	Academic GPA: 1.8
A 10.000		
B+ 5.000		
A 5.000		
B+ 2.500		
Academic GPA: 3.621	GPA Summary	
	Academic GPA: 2.631	Class rank is 198 of 413
	HOPE GPA:	
	Testing Information	
D+ 5.000		
C+ 5.000		
C 5.000		
B- 5.000		
	Proficiency Tests	03/06/
	Math Passed	04/01/

Once in a while, set a goal that absolutely terrifies you.

If you reach every goal you set, you aren't setting the right kind of goals.

A goal is something that adds to your life by stretching you to accomplish something you didn't think you could do.

Reaching goals takes time, and some goals require a lifetime to reach.

If you've never set a goal that brings fear into your heart, you are missing out on one of the greatest joys of life.

A terrifying goal... should stretch you so far that you wonder how you will ever reach it.

SOLANO COMMUNITY COLLEGE MESA



life. Even though I struggled to balance work, family and school, I managed to graduate on time. After graduation, I enrolled in an X-ray technician program and obtained my X-ray technician's license in order to provide for my family. The experiences that I had working for St. Helena Hospital showed me the importance of the doctor's hands

Luis Godoy as an SCC student with Robert Payawal working on a hydraulic pump project.

going to school. This was a key decision in my life that would not only allow me to pursue my dream, but it would also equip me with the staff, and peers that would guide me on my journey. My first semester I enrolled in the MESA (Math, Engineering, Science Achievement) program that provides support from educationally diverse backgrounds through an education pathway in math and science.

SOLANO COMMUNITY COLLEGE



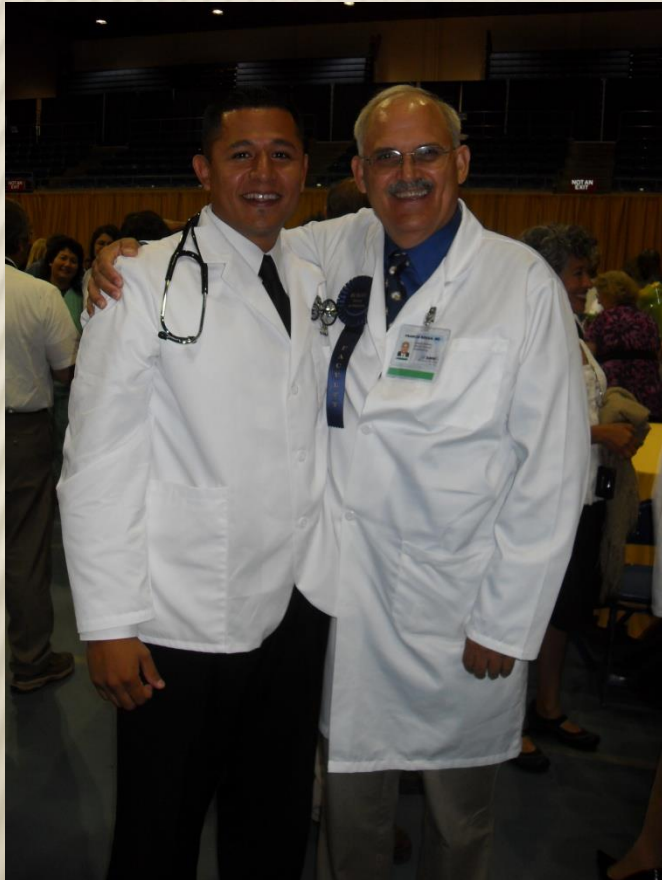
UC Davis Class of 2008 Bachelor's Degree



1st day as a Medical Student



MENTORSHIP



2010- 1st Day as a Student



2014- Match Day



WHAT MENTORING IS NOT

- ✗ Mentoring is not coaching or training.
 - + learning directed by the coach rather than the student. Within a mentoring relationship, the expectation falls to the mentee to cultivate and drive the relationship.
 - + Coaching = task oriented
 - + Mentorship = relationship oriented
- ✗ **Mentoring is not a passive endeavour.**
 - + Requires conscious effort and commitment on the part of all parties
- ✗ **Mentoring is not therapy.**
 - + Great mentors will help advise you through tough situations, however, it's important not to treat a mentor like a shrink
- ✗ **Mentoring is not a one way street.**
 - + Both mentor and mentees must come to the table to share and connect

WHAT IS MENTORING AND HOW IS IT DIFFERENT TO COACHING?

Mentoring

- Guiding and assisting by giving advice based on the mentors' experience
- Usually provided by someone more senior who knows the organisation/role
- A more informal approach
- Objectives and outcomes desirable but not essential

Coaching

- Helping someone to find solutions through the 'coachee's' own experiences
- Advice is not given but problems are solved by the 'coachee'
- A structured approach with defined outcomes

COMMON PITFALLS

- ✗ Mentoring process:
 - + Not knowing what to talk about or talking too much!
 - + No defined end point/periodic review
 - + Irregular and postponed meetings
 - + Confusion of roles
- ✗ Takeover: Mentor tries to re-create themselves
- ✗ Breach of contract/ground rules:
 - + Being indiscreet, loss of confidentiality
 - + Avoiding terminating the relationship, should it become unproductive
- ✗ Mentoring context:
 - + Cultural differences
 - + Personal differences

THE QUALITIES OF A GOOD MENTOR

- Fully committed to mentoring
- Approachable and positive
- Non-judgemental
- Supportive - offers to review work, suggests useful contacts
- Constructive - suggests things that may have helped in the past
- Willing to learn – reverse mentoring

THE SKILLS OF A GOOD MENTOR

Relationship building & Communication skills

- Inspires trust
- Good listening skills
- Asks questions and gives advice
- Good role model
- A good motivator

Broadening the horizon

- Encourages the mentee to bring topics to the table
- Facilitates focus on long-term professional development
- Explores wider range of alternatives with mentee to aid decision making

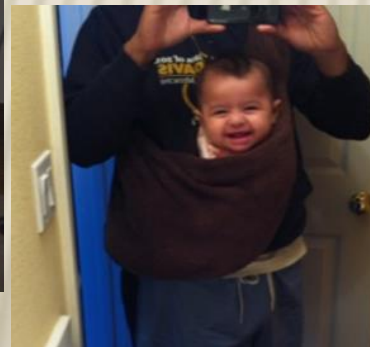
UC DAVIS UNIVERSITY MEDAL



“UC Davis University medal, a prestigious award bestowed upon an individual, which recognizes the very highest levels of distinction, personal achievement and contributions to the ideals of higher education.”



In Memory of my nephew
Isaac Lopez



Email: lagodoy@ucdavis.edu