



KAISER PERMANENTE
BERNARD J. TYSON
SCHOOL OF MEDICINE

The Admissions Process at KPSOM

Lindia Willies-Jacobo, MD, FAAP

Senior Associate Dean for Admissions
and Equity, Inclusion and Diversity
Professor of Clinical Science

View the virtual tour of the education building at:

<https://tinyurl.com/yc9mcxpd>



Our Vision

Our graduates will be a diverse community of ***compassionate healers, life-long learners, and courageous leaders of change within the profession and in society.*** They will have the skills, capabilities, and resilience to lead the transformation of health care delivery in the nation, and a lifelong commitment to the highest values of the profession.

Mission

To provide a world-class medical education that ignites a passion for learning, ***a desire to serve,*** and an unwavering commitment to improve the health and well-being of patients and communities.

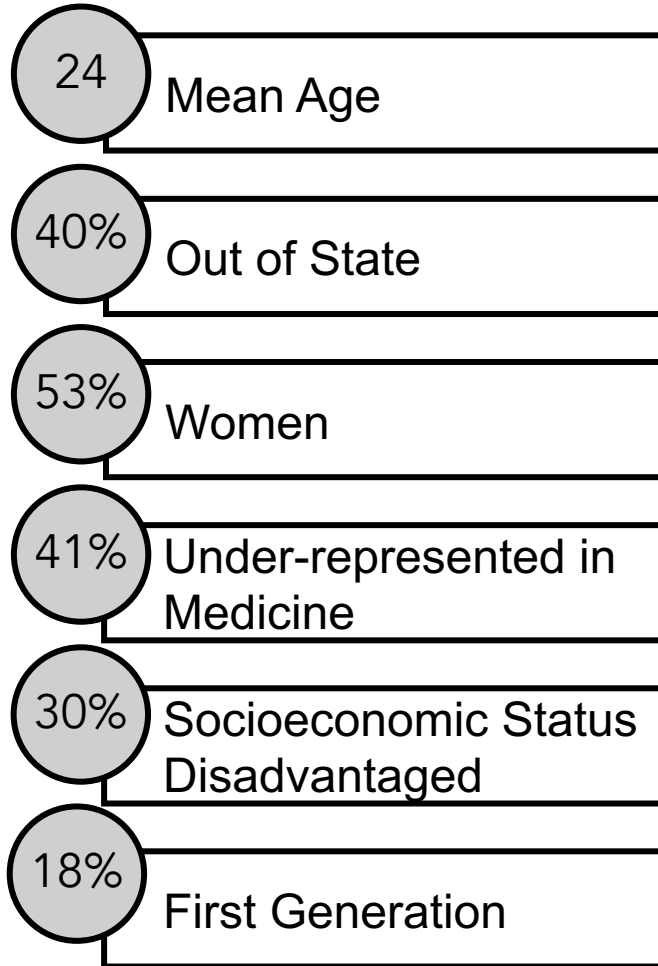




Kaiser Permanente Bernard J. Tyson School of Medicine

- 50 students per class
- Students train in the Kaiser Permanente integrated health system
- Students will be supported in exploring any field they would like
- Graduates will be able to practice in diverse care settings across the country

Student Demographics





Kaiser Permanente

- Founded in 1945 by Henry J. Kaiser and Sidney Garfield, MD
- One of the nation's largest not-for-profit integrated healthcare systems
- Serving more than 12.2 million members
- 8 regions
- Considered among the highest-ranked health plans for quality of care in the U.S.



Living in Pasadena

- Home of the Rose Bowl and Rose Parade
- Nearby educational and scientific institutions (e.g., California Institute of Technology, Jet Propulsion Laboratory, Doheny Eye Institute)
- Old Pasadena – Shopping, dining, and nightlife
- Hiking trails within minutes
- 10 miles from the cultural center of Downtown LA
- Very close to the beach, desert and ski slopes



KAISER PERMANENTE
BERNARD J. TYSON
SCHOOL OF MEDICINE

LEADERSHIP

Founding Dean and CEO

Mark A. Schuster, MD, PhD

- Former William Berenberg Professor of Pediatrics at Harvard Medical School.
- Former Chief of General Pediatrics and Vice Chair for Health Policy in the Department of Medicine at Boston Children's Hospital.
- Over 20 years of continuous research funding from the NIH, CDC, and AHRQ.
- International leader on child, adolescent, and family health, on topics such as quality of care, health disparities, paid family leave, obesity prevention, sexual minority health, and bullying.



Leadership



**José Barral,
MD, PhD**
Chair of
Biomedical Science



**Lori Carter-Edwards,
PhD**
Assistant Dean for
Community Engagement



**Paul Chung,
MD, MS**
Chair of
Health Systems Science



**Maureen Connelly,
MD, MPH**
Senior Associate Dean for
Academic and Community Affairs



**Anne Eacker,
MD**
Senior Associate Dean
for Student Affairs



**Jonathan Finkelstein,
MD, MPH**
Senior Associate Dean for
Research and Scholarship



**Deepthiman Gowda,
MD, MPH, MS**
Assistant Dean for
Medical Education



**Sean Hennessey-
Hsieh,
MBA**
Senior Vice President &
Senior Associate Dean for
Administration and Finance



**Abbas Hyderi,
MD, MPH**
Senior Associate Dean for
Medical Education



**Michael Kanter,
MD**
Chair of Clinical Science



**Carla Lupi,
MD**
Associate Dean for
Assessment and Evaluation



**Lindsay Mazotti,
MD**
Assistant Dean for
Clinical Education



**Mark Schuster,
MD, PhD**
Founding Dean and CEO



**Lindia Willies-Jacobo,
MD**
Senior Associate Dean
for Admissions and Equity,
Inclusion, and Diversity



KAISER PERMANENTE
BERNARD J. TYSON
SCHOOL OF MEDICINE

EDUCATIONAL APPROACH

The Three Pillars

The School's curriculum is built on the three pillars of Biomedical Science, Clinical Science, and Health Systems Science.

Biomedical Science

Biomedical Science includes the **basic sciences** that underlie clinical reasoning and decision-making.

Clinical Science

Clinical Science includes **preventing, diagnosing, and treating health conditions and disease**, and optimizing health for each patient.

Health Systems Science

Health Systems Science includes the science of **how human relationships, organized in systems, influence health**. It is the basis for **improving health and health equity**.

KPSOM's Medical Education Approach

**Small-group,
case-based,
team
learning**

**Anatomy
without
cadavers,
and
simulation**

**Longitudinal
Integrated
Clerkships
(LICs)**

**Equity,
inclusion,
and diversity**

**Service
learning and
community
engagement**

**Well-being,
coaching,
and
academic
support**

**Longitudinal
and holistic
assessment**

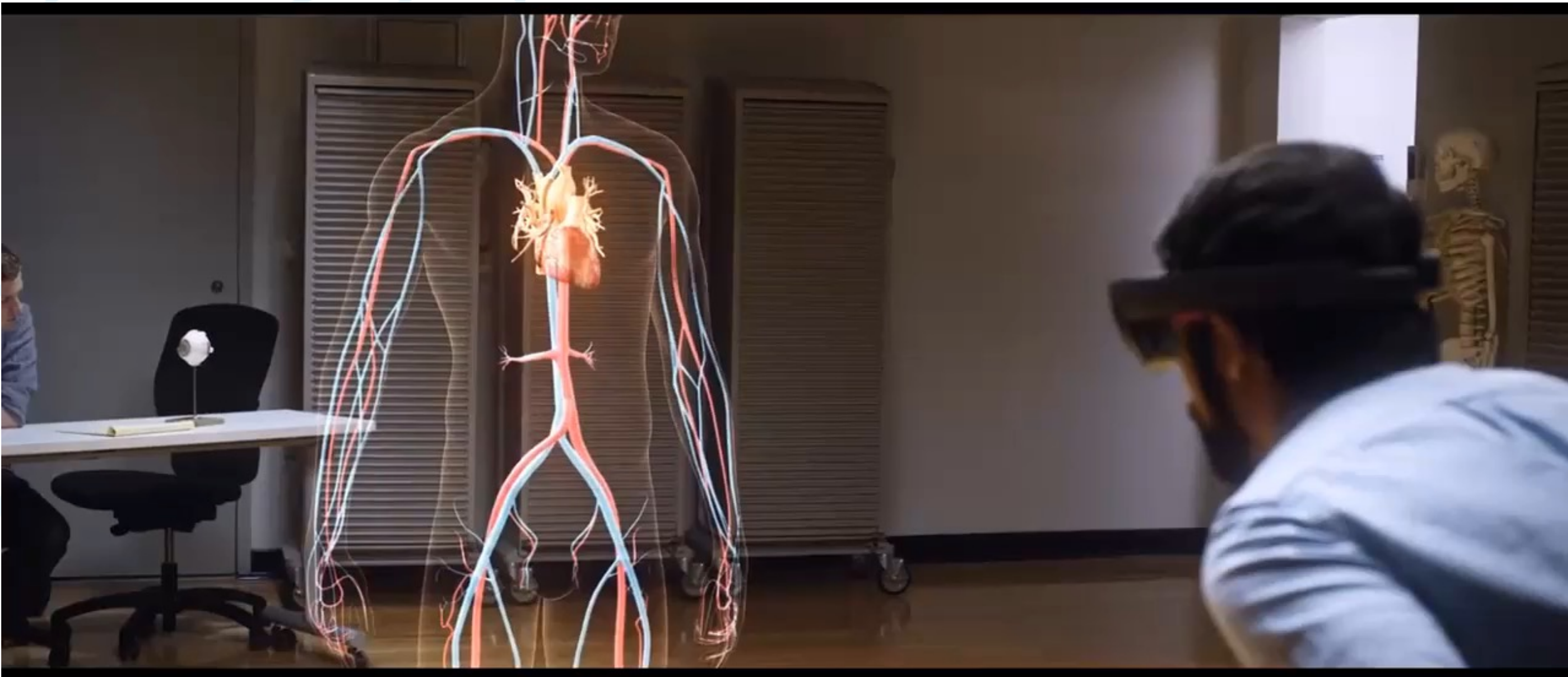
**Curiosity,
uncertainty,
and lifelong
learning**

KPSOM's Medical Education Approach

**Small-group,
case-based,
team
learning**

**Anatomy
without
cadavers,
and
simulation**

Augmented Reality Anatomy



KPSOM's Medical Education Approach

**Small-group,
case-based,
team
learning**

**Anatomy
without
cadavers,
and
simulation**

**Longitudinal
Integrated
Clerkships
(LICs)**

Longitudinal Integrated Clerkship

- Start **interacting with patients at the beginning of the first school year.**
- During your first two years, you will complete a **Longitudinal Integrated Clerkship (LIC)** at one of six Kaiser Permanente medical centers in greater Los Angeles.
 - Year 1 – Family medicine/Internal medicine
 - Year 2 – Family medicine/Internal medicine, OBGYN, Pediatrics, Psychiatry, Surgery. There will also be shifts in Emergency Medicine.



Downey Medical Center



Los Angeles Medical Center



Panorama City Medical Center



San Bernardino Medical Center









South Bay Medical Center



West Los Angeles Medical Center

Clinical Training Site Patient Diversity

		Asian or Pacific Islander	Black	Hispanic	Multi-ethnic	American Indian	White
Downey Medical Center		7.30%	8.90%	58.60%	1.50%	0.20%	11.80%
Los Angeles Medical Center		20.10%	4.10%	45.50%	0.90%	0.20%	27.60%
Panorama City Medical Center		9.50%	8.20%	46.00%	1.10%	0.30%	34.90%
San Bernardino County Medical Center		0%	8.70%	67.90%	0%	0%	14.50%
South Bay Medical Center		16.00%	16.00%	24.00%	13.00%	0%	31.00%
West Los Angeles Medical Center		6.60%	37.80%	32.40%	1.20%	0.30%	21.80%

Equity, Inclusion, and Diversity

- Seek to embed EID throughout school
- Office led by Sr. Associate Dean
- Intentional recruitment
- Curriculum
 - Designed with an EID lens
 - EID review when complete
 - Specific EID sessions throughout
- Faculty and staff development
- Affinity and interest groups
- Anti-racism activities



KPTSOM's Medical Education Approach

**Small-group,
case-based,
team
learning**

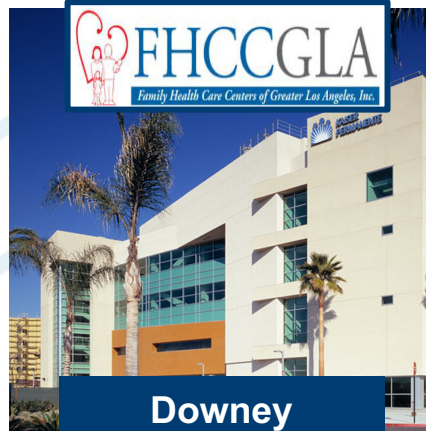
**Anatomy
without
cadavers,
and
simulation**

**Longitudinal
Integrated
Clerkships
(LICs)**

**Equity,
inclusion,
and diversity**

**Service-
learning and
community
engagement**

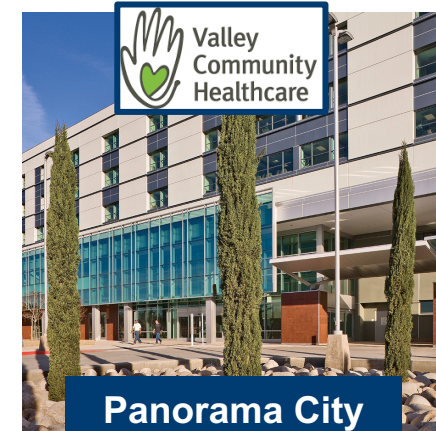
Service-Learning Clinic Sites



**Downey
Medical Center**



**Los Angeles
Medical Center**



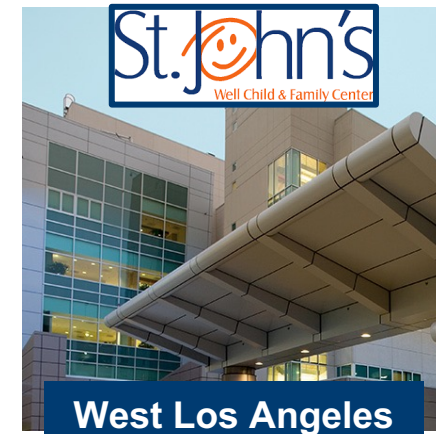
**Panorama City
Medical Center**



**San Bernardino
Medical Center**



**South Bay
Medical Center**



**West Los Angeles
Medical Center**

KPTSOM's Medical Education Approach

**Small-group,
case-based,
team
learning**

**Anatomy
without
cadavers,
and
simulation**

**Longitudinal
Integrated
Clerkships
(LICs)**

**Equity,
inclusion,
and diversity**

**Service
learning and
community
engagement**

**Scholarly
project**

**Well-being,
coaching,
and
academic
support**

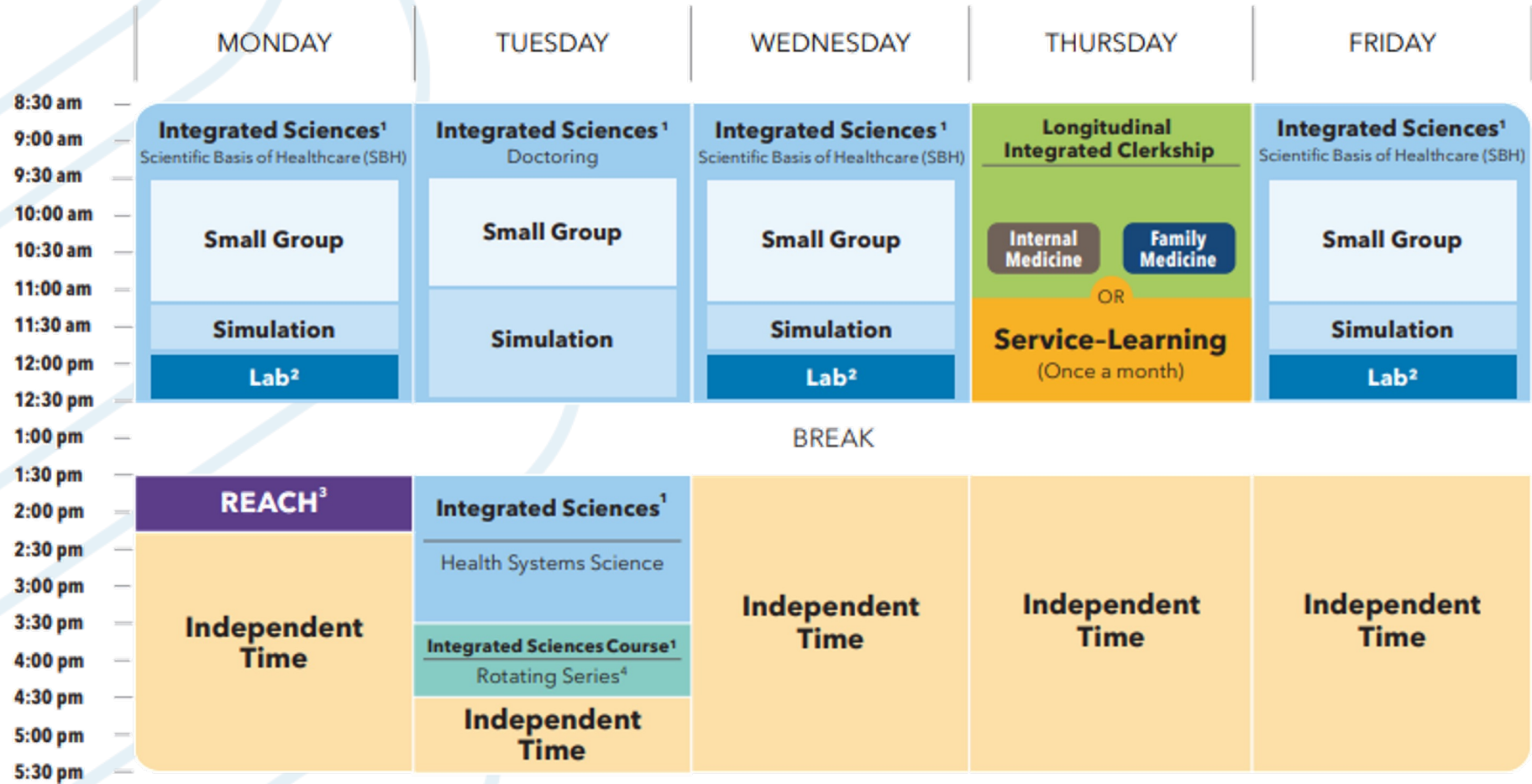
REACH Course

Reflection, Education, Assessment, Coaching, and Health and well-being

- Working with physician-coach
 - 6 students per coach; 4-year relationship
- Schedule:
 - Occurs 3 to 4 times per year in one-week blocks
 - Monday sessions 5 to 6 times per year
- Engaging in self-reflection, reviewing performance, and setting and meeting goals
- Learning and practicing strategies for personal well-being
- Exploring ways to maximize resilience skills
- Developing professional identity as a future physician
- Participating in narrative medicine sessions



Typical Year 1 Weekly Schedule



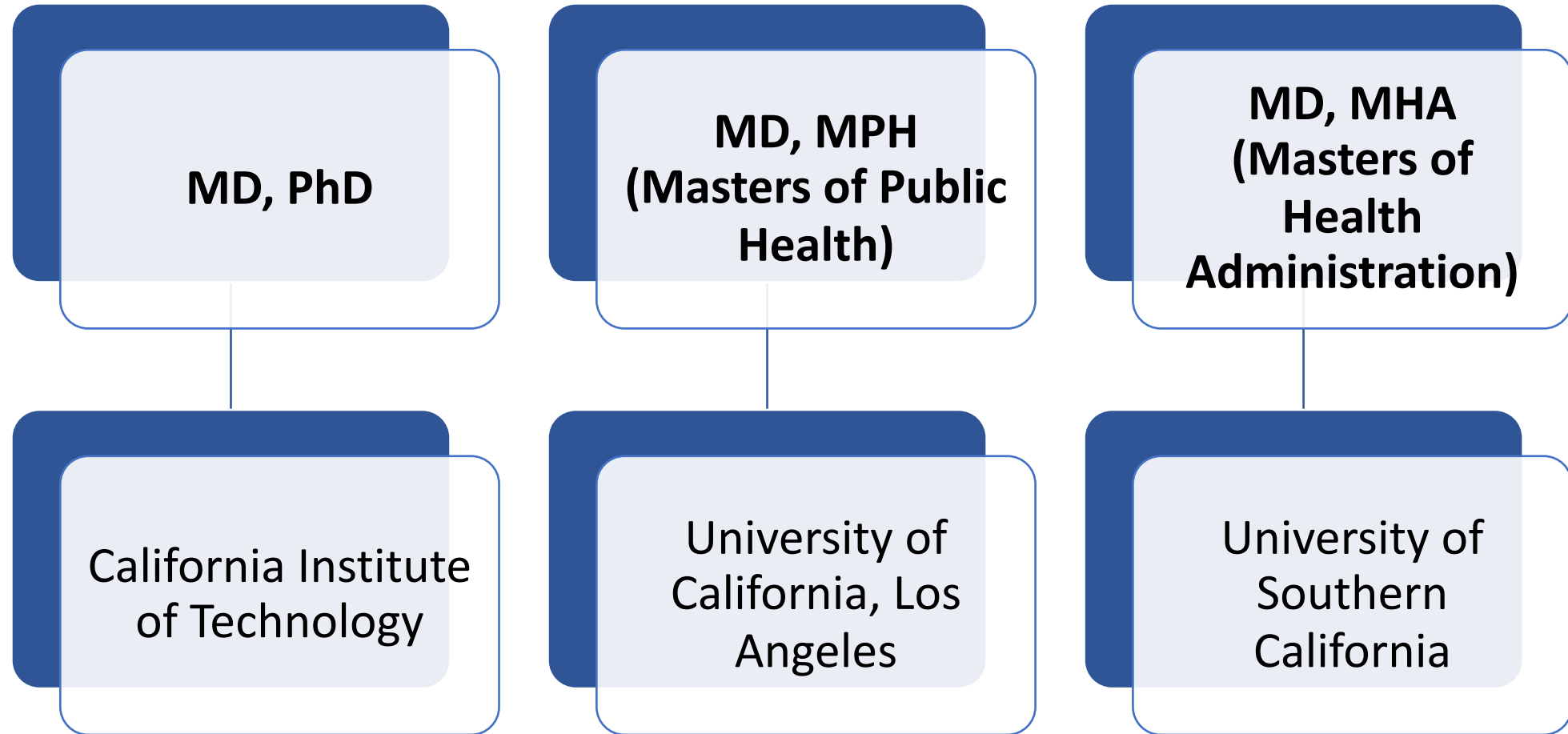
¹All Integrated Sciences Courses include Biomedical Science, Clinical Science, Health Systems Science and four longitudinal threads (Advocacy and Leadership, Equity, Inclusion, & Diversity, Health Promotion, and Interprofessional Collaboration)

²Anatomy integrated with other disciplines including histology, pathology, radiology, and clinical skills (i.e., ultrasound)

³Reflection, Education, Assessment, Coaching, Health and well-being (REACH) occurs two to three times per semester

⁴This series rotates curricular time for longitudinal thread integration, scholarly project, and Service-Learning

Dual-Degree Programs



Financial Aid

- **Full tuition and insurance scholarships for every member of our first five classes**
- The school will provide grant aid to offset living expenses based on need

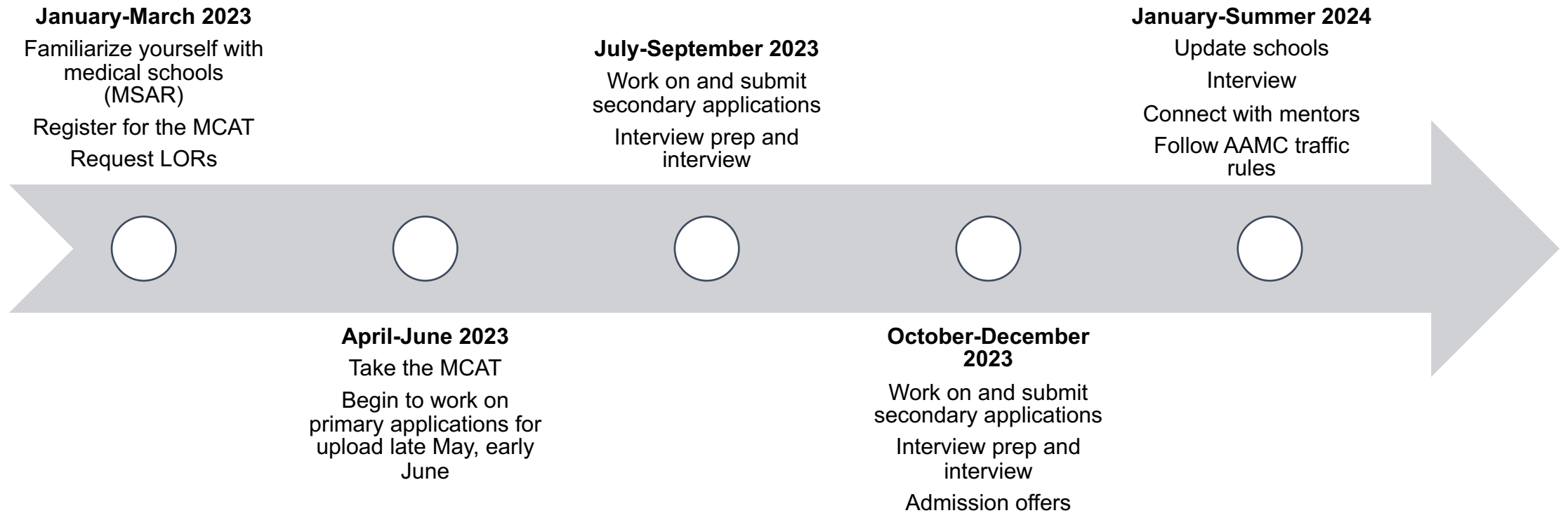




KAISER PERMANENTE
BERNARD J. TYSON
SCHOOL OF MEDICINE

THE ADMISSIONS PROCESS

Medical school application timeline (2024 admissions cycle)



Admissions Requirements

Prerequisites

- Behavioral and social science (e.g., anthropology, economics, ethnic studies, psychology, sociology): *one-half academic year*
- General biology with laboratory: *one academic year*
- General inorganic chemistry or equivalent with laboratory: *one academic year*
- General physics with laboratory: *one academic year*
- Humanities (e.g., art, English, history, literature, philosophy): *one-half academic year*

Recommended Courses

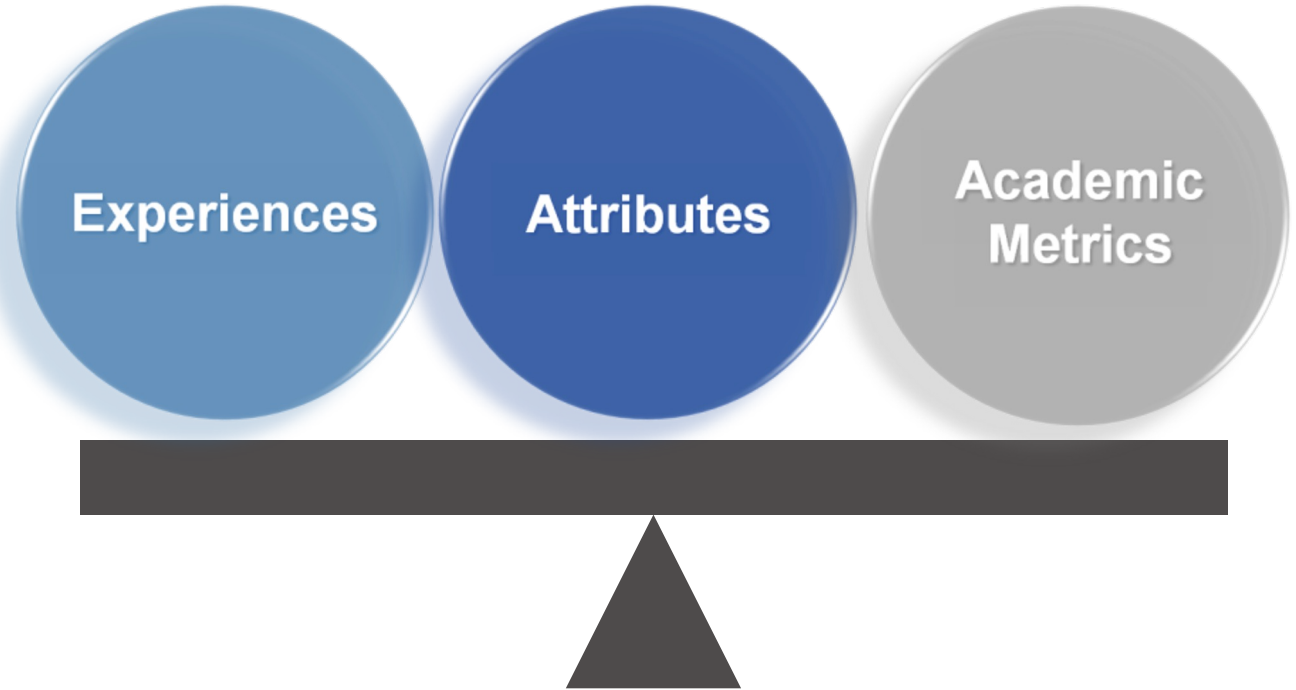
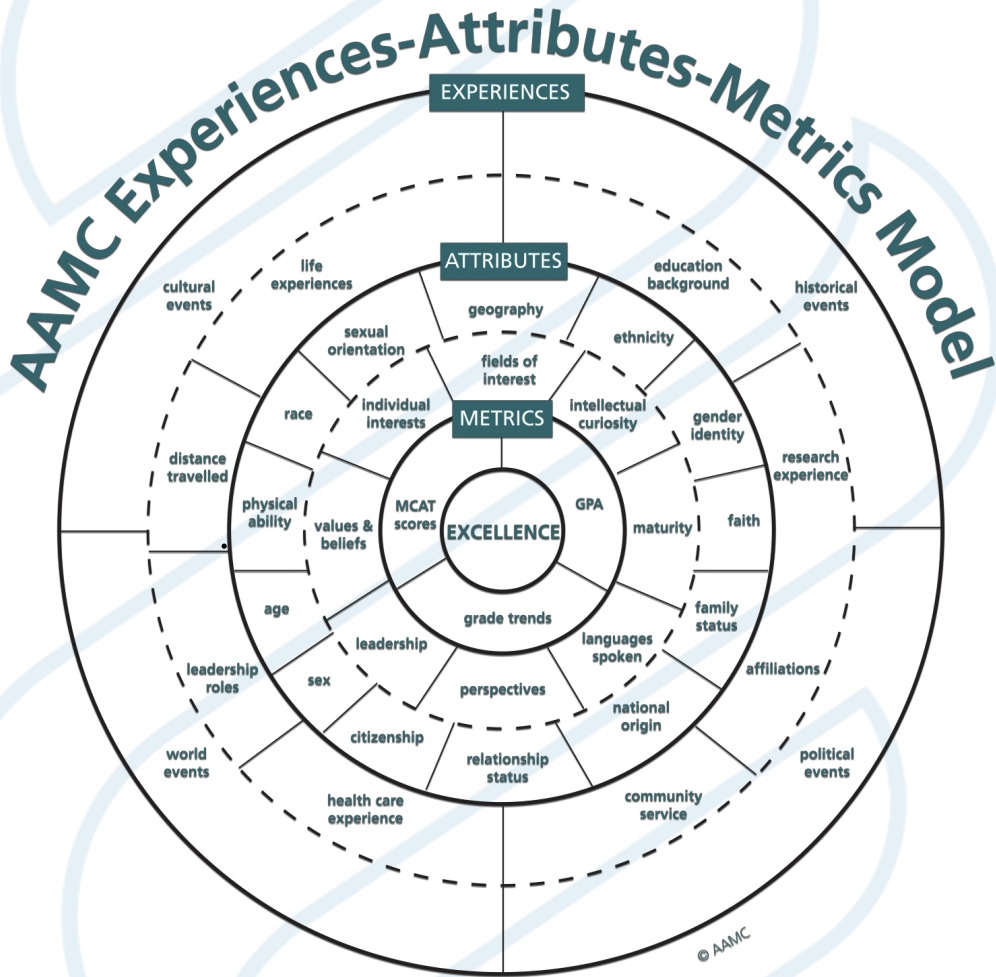
- Organic chemistry and biochemistry
- Calculus
- Statistics
- Population health, epidemiology, or other public health course
- Language other than English



Application Requirements

1. **MCAT** – taken no earlier than July 1, 2021
2. **Bachelor's degree** from accredited college/university in U.S. or Canada. International degrees addressed on a case-by-case basis.
3. The American Medical College Application Service (AMCAS) **Primary Application**
4. **Secondary Application** – \$50 (fee waived based on need)
5. **Letters of Recommendation** – 3-6
6. **Interviews** – Multiple mini-interviews + 29-minute one-on-one interview

The Admissions Process Holistic Model



What Type of Student Will Thrive at KP School of Medicine?

- Are excellent critical thinkers
- Are mature and adaptable
- Demonstrate the desire to thrive in a diverse and inclusive environment
- Demonstrate humility, as well as a commitment to leadership and advocacy
- Value coaching and small group learning
- Are good team players
- Appreciate an experiential curriculum
- Demonstrate a desire to become lifelong learners



Tips to simplify your journey

01

Review the mission and vision of each school to which you are applying

- AAMC MSAR
- School website

02

Take the MCAT when you feel ready

- Practice exams
- Target score
- Discuss w/mentors

03

Give your letter writers advanced notice-ask for a strong letter

- Friendly reminders

Tips to simplify your journey

04

Once you are ready to apply, do so early

- Application reviewed early
- Interview invitation more likely

05

Keep an updated list of your accomplishments and experiences

- Reflect on these experiences
- Attempt to get letters from most meaningful experience

06

Keep your personal statement simple, clear and purposeful-ask someone to read it

- Reviewing for grammar, content and flow



KAISER PERMANENTE
BERNARD J. TYSON
SCHOOL OF MEDICINE

QUESTIONS?

OFFICE OF ADMISSIONS

MDAdmissions@kp.org Website:
<https://medschool.kp.org/admissions>