

From CC to Medicine: Steps & Strategies

Glen Fogerty, PhD, MBA

Associate Dean, Admissions and Recruitment

Assistant Professor, Bioethics and Medical Humanism

Co-Block Director, Introduction to Medicine

Director, MD/MBA Program



Overview & Objectives

- Visual introduction to our medical school
- Understand the national admissions process for medical school
- Follow process to a specific medical school
- Start preparing for your next steps today, and...
- ***TRUST you will be prepared!***

University of Arizona College of Medicine - Phoenix



The Admission Process

National Overview



Admissions *Processes*

National Overview: 2022-2023 Data

Applying

1. National Application (AMCAS)

Demographic Information
Personal Statement
Official Transcripts
Letters of Recommendation

2. Supplemental Application

3. Interview

Getting Accepted

1. Apply to multiple schools – average of 18 applications per student

2. Get feedback on your application from multiple trusted sources

3. Continue pursuing clinical experiences and volunteer opportunities

4. Be able to explain your interest in medicine

Matriculating

- 3.75 avg. GPA nationally
- 3.68 avg. Science GPA nationally
- 511.9 avg. MCAT nationally
- 160 student national average class size

Source: © 2022 Association of American Medical Colleges

IMPORTANT DATES

National Process for 2023-24

Description	Date
AMCAS National Application Opens for Students	May 2, 2023
AMCAS Open for Submission to AAMC	May 26, 2023
Applications Transmitted to Medical Schools	June 30, 2023
<i>Choose Your Medical School</i> – Declaration to Matriculate	April 30, 2024

The Admission Process

at the College of Medicine - Phoenix



Our Mission

Mission Statement

The University of Arizona College of Medicine – Phoenix inspires and trains exemplary **PHYSICIANS, SCIENTISTS** and **LEADERS** to optimize health and health care in Arizona and beyond. We are uniquely positioned to accelerate the biomedical and economic engines in Phoenix and the State by leveraging our vital relationships with key clinical and community partners.

CORE PILLARS

Education

Research

Clinical

Community

Admissions *Data*

At the College of Medicine - Phoenix

Applying

- Multiple Mini Interview (MMI)

= 6,000
Applicants

Getting Accepted

- Students who can “balance it all”
- Applicants who demonstrate the 16 desired attributes personally and professionally

= 480
Interviews offered

Matriculating

- Increased class from 80 to 100 to 120 over the last three application cycles
- College of Medicine – Phoenix’ campus was created for classes of 120 students

= 120
Incoming students

Academic Requirements

- Bachelors degree conferred by June 15, 2023
- Medical College Admissions Test (MCAT) scores taken within last four years

Overall GPA

3.0

Minimum

3.74

Average

Science
(BCPM) GPA

3.0

Minimum

3.68

Average

MCAT Score

500

Minimum

515

Average

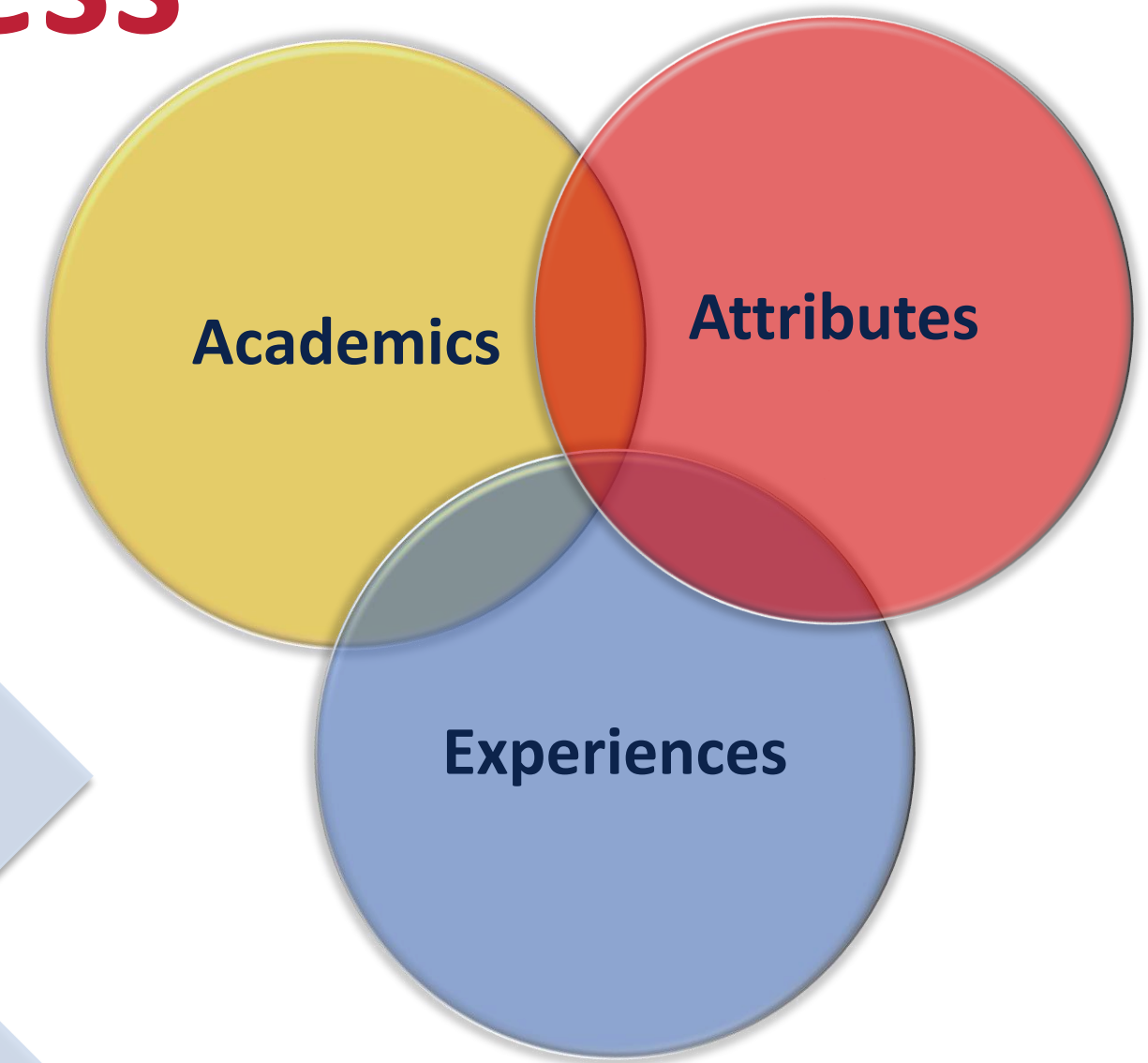
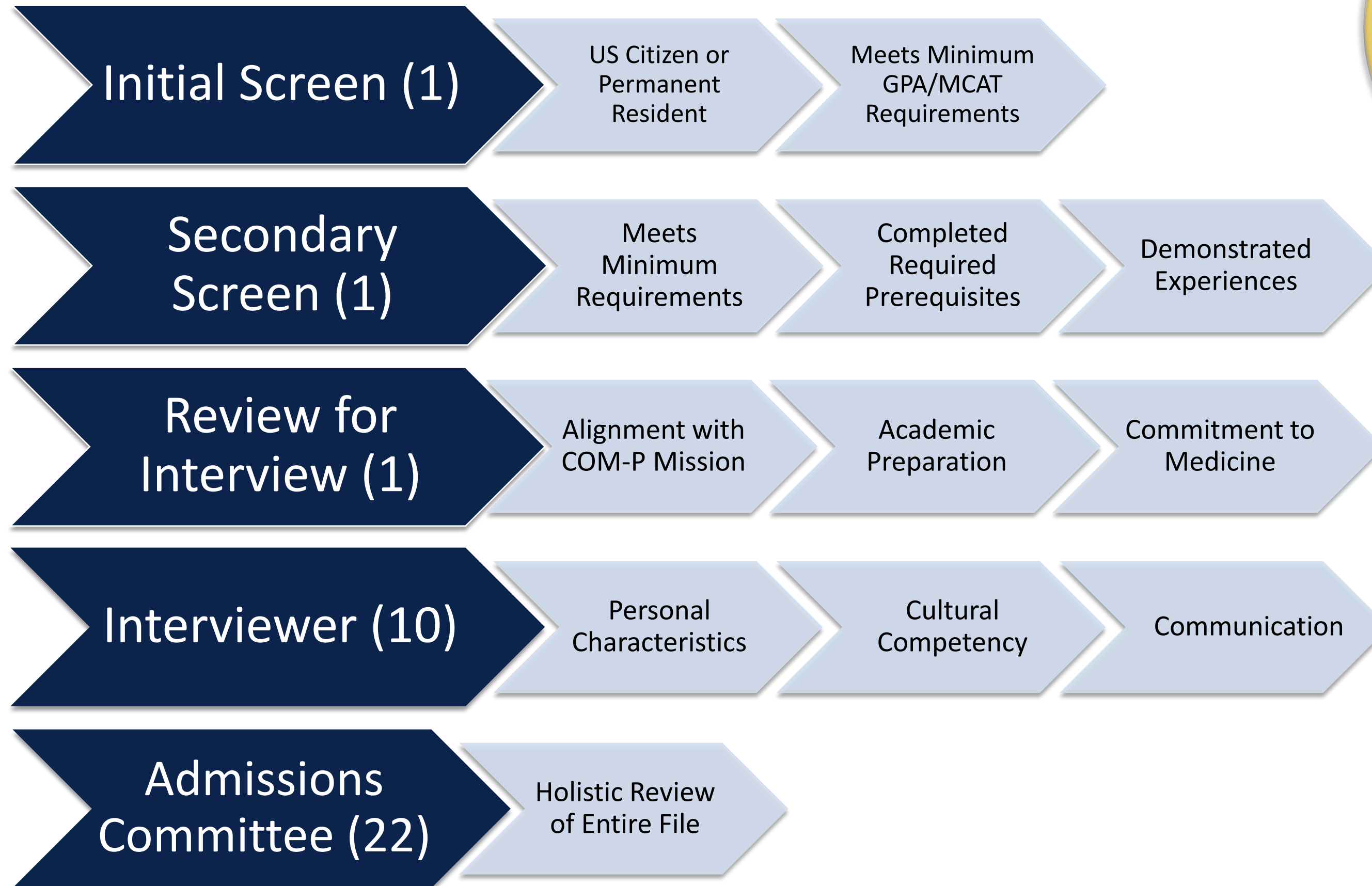
Required Courses

Subject	Quantity and Discipline
Chemistry	1 – Biochemistry 1 – Additional (e.g., general chemistry)
Biology	1 – Human or Mammalian Physiology 2 – Additional (e.g., cellular biology, microbiology)
Behavioral Sciences	2 – Courses from any of the following: cultural anthropology, economics, health care administration, psychology, sociology, public policy, family studies, history, political science, social work, behavioral health, etc.
English	2 – Writing-intensive courses (e.g. creative writing)
Mathematics	1 – Course more advanced than college algebra (e.g., statistics)
Humanities	1 – Course from any of the following: art, music, theater, speech and communication, philosophy, religion, gender studies, ethics, literature, etc.

Notes:

- Grade of C (2.0) or higher required for all courses.
- One of the science courses must be upper division.
- Labs are not required
- Must be completed spring term prior to matriculation.
- AP, IB, CLEP accepted if listed on official college transcript.

Holistic Review Process



= 35
Total Reviewers per Application

Curriculum *Highlights*

Personalized Medical Education

MS1 and MS2 years

- Dual Block Directors (MD and a PhD)
- Organ-Based Curriculum
- Doctoring
- Capstones & Community Clinical Experiences
- Personalized Active Learning (PAL) Block
- Scholarly Project (all 4 years)

MS3 and MS4 years

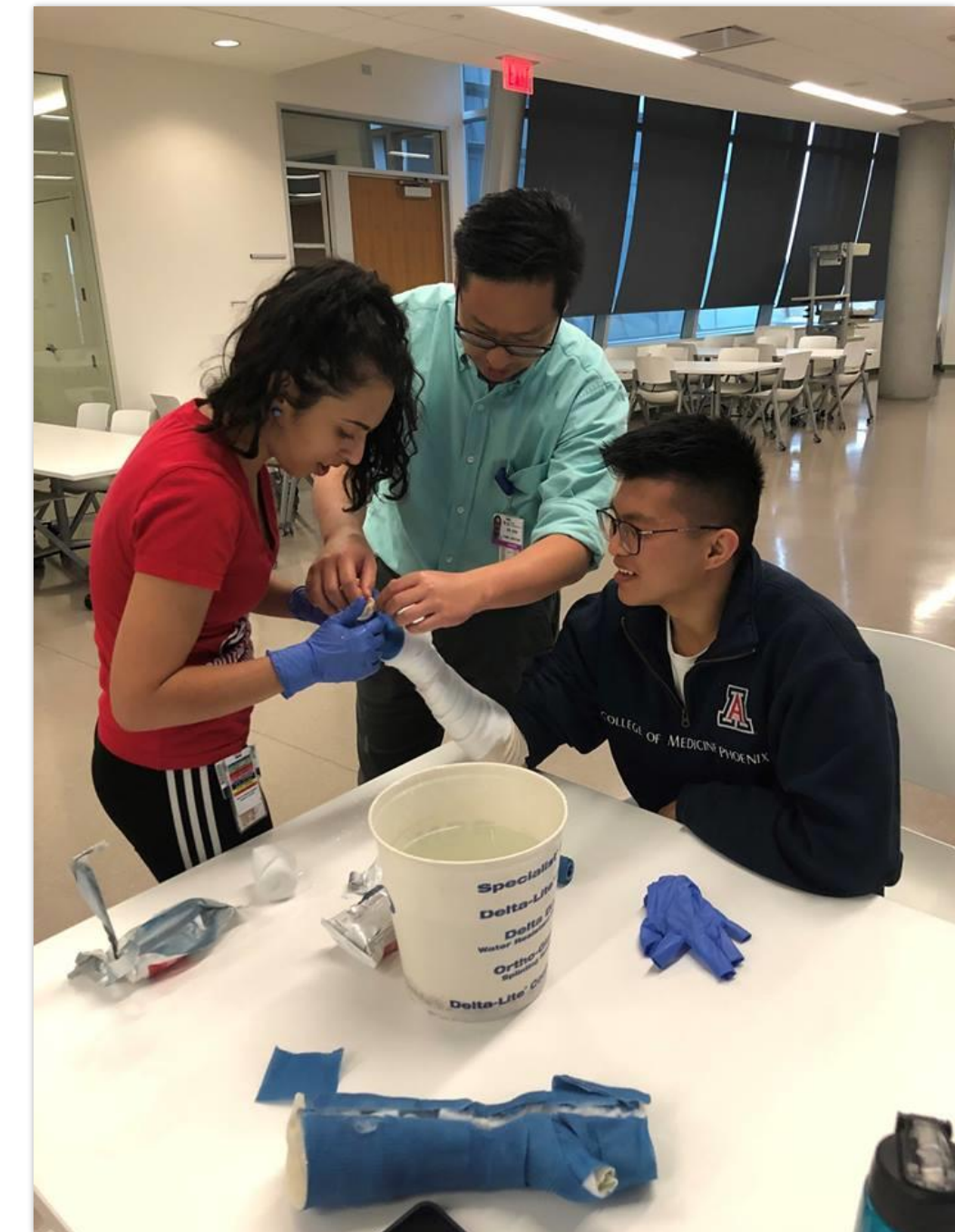
- Early Clinical Training
- Longitudinal Patient Care
- Scholarly Project (all 4 years)

Certificates of Distinction (CODs):

- Global Health
- Rural Health
- Primary Care
- Service Learning
- Health Humanities

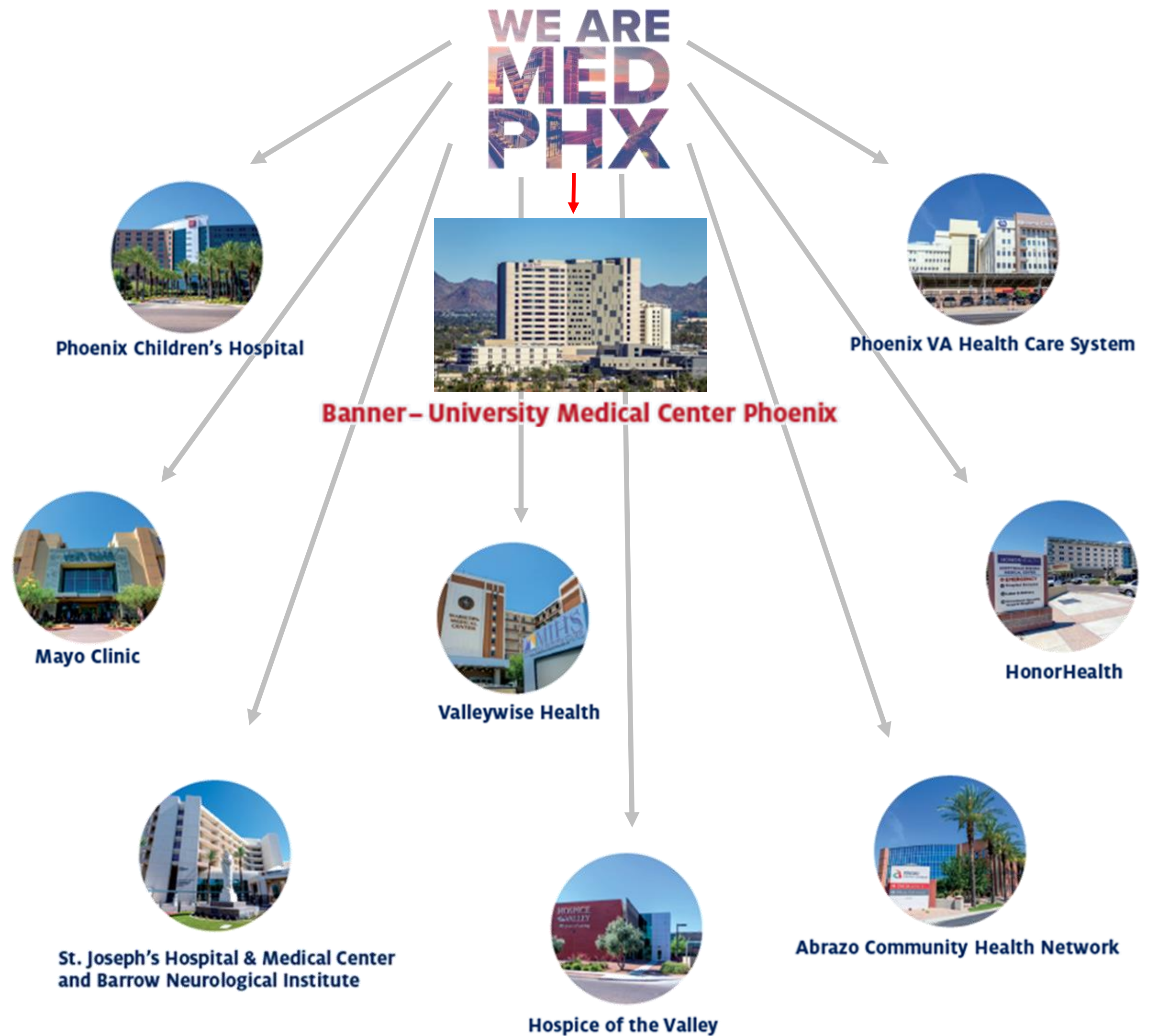
Dual and Concurrent Degrees:

- MD/MPH (c)
- MD/PhD (d)
- MD/MBA (c)



Distinction in Clinical Education

Clinical Partner	Bed Count	Specialty Course Offerings
Banner – University Medical Center Phoenix	746	50
ValleyWise Health	739	40
Phoenix Children’s Hospital	433	26
Mayo Clinic	268	18
Phoenix VA Health Care	173	17
St. Joseph’s Hospital/Barrow Neurological	595	16
HonorHealth	204	8
Abrazo Community Health	177	2
Hospice of the Valley		1



Top Feeder Schools to COM-P

Applicant Overview



Admissions Data *Four Year Avg. (2019-2022)*

Applications Received

1. University of California – Los Angeles (362)
2. Arizona State University (318)
3. University of Arizona (276)
4. University of California-San Diego (190)
5. University of California-Berkeley (186)

Interviews Offered

1. Arizona State University
2. University of Arizona
3. University of California – Los Angeles
4. University of California-Berkeley
5. Brigham Young University

Acceptances Made

1. Arizona State University
2. University of Arizona
3. University of California – Los Angeles
4. University of California-Berkeley
5. University of Southern California

Matriculated

1. Arizona State University
2. University of Arizona
3. University of California – Los Angeles
4. University of California-Berkeley
5. Northern Arizona University



What should I do now?

Start Building a Personal Statement

Personal Statement

- What is your motive for applying to medical school?
- What intrigues you about life, about medicine?
- A personal statement will help guide you far beyond applying to medical school—ask yourself, “What truly motivates me? Is this really who I am? Can I do this all my life?”
- Think of this as the behind the scenes look at who you are as a person, not as a pre-med student.

Key Themes

- Pick one or two themes to carry throughout your personal statement (resilience, humility, etc.).
- Ideally, the personal statement should be written from your perspective as an adult, not in childhood.
- Pick one significant moment or experience and crystallize it for your readers. Tie it back into the themes you selected.

Do's and Don'ts of the Personal Statement

Do

Include these elements

Write in present tense

Resolve all hanging stories

Remember that many will read this statement—is it approachable?

Don't

Leave these out

Rewrite your Experiences section—this isn't a resume

Share your entire life story

Forget to ask for feedback!

Get Excited!

- Start by asking close family and friends to read it. They will likely just give you encouragement, but also be able to tell if you are being boastful.
- Next, ask multiple trusted leaders and/or medical professionals. What is their initial reaction?
- Then, ask a current medical student—they will remember the process well.
- Finally, trust yourself!

Start Documenting Your Experience!

AMCAS has 19 Work & Activity Categories

- Artistic Endeavors
- Community Service/Volunteer – Medical/Clinical
- Community Service/Volunteer – Not Medical/Clinical
- Conferences Attended
- Extracurricular Activities
- Hobbies
- Honors/Awards/Recognitions
- Intercollegiate Athletics
- Leadership – Not Listed Elsewhere
- Military Service
- Other
- Paid Employment – Medical/Clinical
- Paid Employment – Not Medical/Clinical
- Physician Shadowing/Clinical Observation
- Presentations/Posters
- Publications
- Research/Lab
- Teaching/Tutoring/Teaching Assistant
- ***Advocacy/Social Justice***

Five Core Competencies

- **Clinical** – Paid or Unpaid, Shadowing, Volunteer (hospice, medical center, ER, etc.), Scribe, Certified Nursing Assistant, Phlebotomist, EMT, Pharm Tech, etc.
- **Research/Lab** – Science and non-science projects, Lab-based or not (show structure, investment in time and effort, ability to analyze data, think critically, and communicate results)
- **Leadership** – start a club or non-profit or program, role in org or student council, TA or tutoring, church, athletics, or in other core competencies
- **Community Service/Volunteer** – Medical/Clinical or Not Medical/Clinical count
- **Extracurricular Activities/Hobbies** – only need one!



Match Day

[Video](#)

Recent Graduates:

UA College of Medicine - Phoenix

Case Western/University Hospitals

Children's Hospital – Los Angeles

Dartmouth – Hitchcock Medical Center

Emory University School of Medicine

Johns Hopkins Hospital

Harbor – UCLA Medical Center

Kaiser Permanente – Los Angeles

Massachusetts General/Harvard

Mayo Graduate School of Medicine

New York-Presbyterian/Weill Cornell

Northwestern McGaw

Santa Barbara Cottage Hospital

UC Irvine Medical Center

UC San Francisco Medical Center

Yale New Haven Hospital



Q&A