

The Admissions Process: A Closer Look

Discover Your Future at University of California Medical Schools



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Agenda

**An Overview of
University of California
Medical Education**

Requirements

Recommendations & Tips

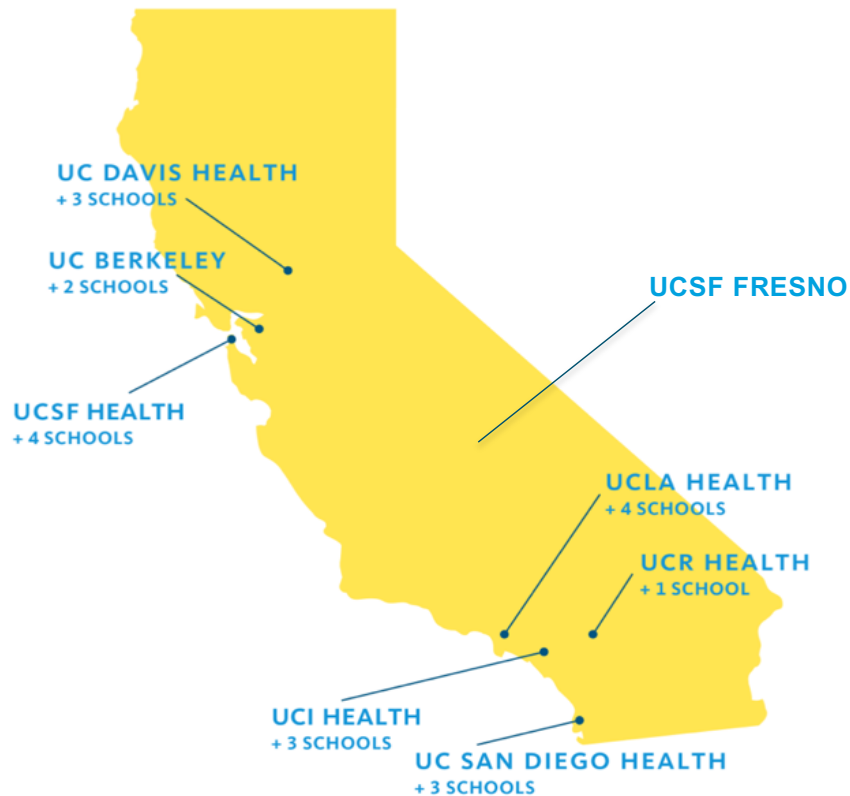
Demystifying the Process

Resources

Panel Discussion



University of California Health



6 Academic Health Centers

20 Health Professional Schools

Largest Health Sciences Instructional Program in the Nation with 15,000 students and trainees

Global Health Institute



Shared System-wide Goals for UC Health

Improve the health of all people who live in California now and in the future.

Promote health equity through the elimination of health disparities.

Reduce barriers to access to our clinical, educational and research programs.





University of California Health



Nursing

UCD, UCI, UCLA, UCSF



Dentistry

UCLA, UCSF



Medicine

UCD, UCI, UCLA, UCR
UCSD, UCSF



Optometry

Berkeley



Pharmacy

UCI, UCSF, UCSD



Public Health

Berkeley, UCLA, UCSD, UCI

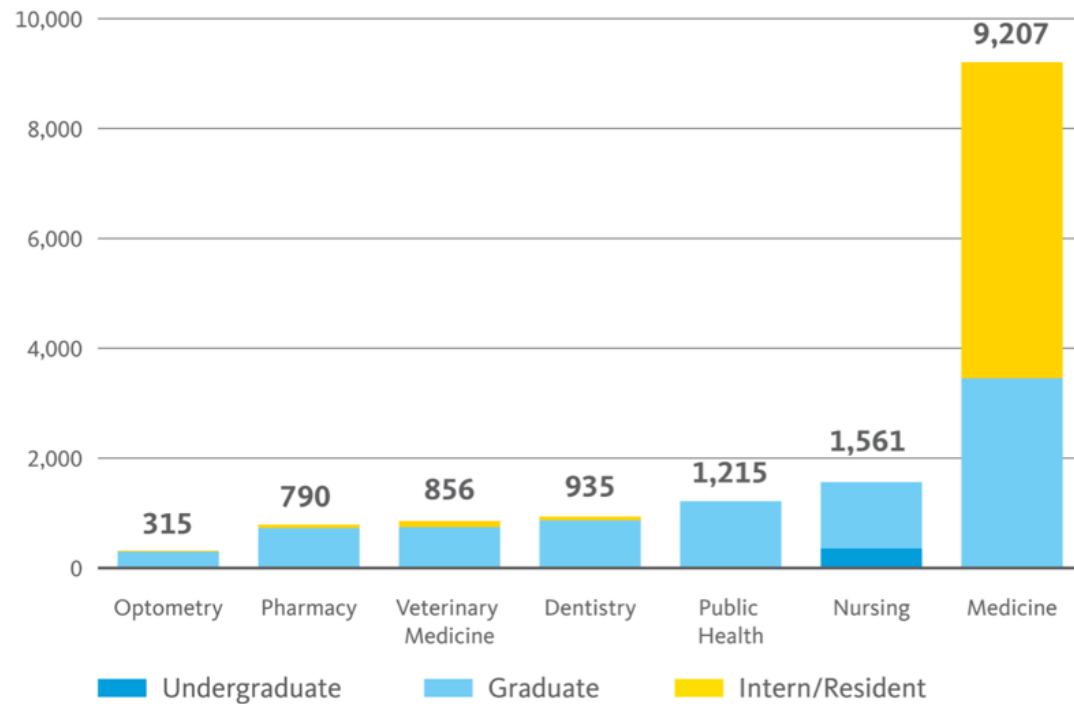


Veterinary Medicine

UCD



University of California Health Professional Schools



Source: UC Information Center Data Warehouse

Fall 2020





University of California Medical Schools

Nationally Recognized for Diversity by U.S. World & News Report

#3 UC Davis

#11 tied - UC San Francisco & UC Riverside

#14 UC Los Angeles



University of California Medical Schools

Number of First-Year Positions in 2022

UC Davis	133
UC Irvine	114
UCLA	175
UC Riverside	80
UC San Diego	140
UC San Francisco	183
TOTAL	825

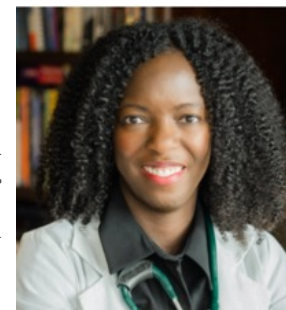
40%
identify
with races that are
under-represented
in medicine



Advancement of DEI in Trainees and Faculty



Takesha Cooper, M.D., M.S.
Vice Chair of Education
Program Director
Psychiatry Residency Program
UC Riverside



Hendry Ton, M.D., M.S.
Associate Vice Chancellor
Heath Equity, Diversity and Inclusion
UC Davis





University of California Programs

UC Davis

ACE-PC

Accelerated Competency-based Education in Primary Care

REACH

Reimagining Education to Advance central California Health

TEACH-MS

Transforming Education and Community Health for Medical Students

COMPADRE

California Oregon Medical Partnership to Address Disparities in Rural Education and Health

Undergraduate and Community College Outreach Programs

- Medical School Preparatory Enhancement Program
- MCAT Preparatory Scholarship Program





University of California Programs

UCLA

- Pre-Health Guidance Center
- Re-Application Program
- UCLA/DREW Summer Health Professions Education Program
- UCLA Premedical Enrichment Program
- Charles R. Drew/UCLA Medical Education Program

UCI

- Pre-Health Professional Advisement
- Open Medical School
- PRIME LEAD-ABC Academy
- PRIME-LC Academy
- Only PRIME GME Program



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University of California PRIME Programs

- UC Davis** Rural Health (2007)
Tribal Health (2022)
- UC Irvine** Latino Community (2004)
African, Black, & Caribbean Community (2018)
- UCLA** Leadership & Advocacy (2008)
- UCR** African, Black, & Caribbean Community (2022)
- UCSD** Health Equity (2007)
Indigenous Community (2022)
- UCSF** Urban Underserved (2007)
San Joaquin Valley (2011)



Other Pre-Health Programs



California Medicine Scholars Program

Post Baccalaureate Programs

Conditional Acceptance Programs

Undergraduate Enrichment Programs

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Public (MD-Granting)

UC Davis
UC Irvine
UC Los Angeles
UC Riverside
UC San Diego
UC San Francisco

Private (MD-Granting)

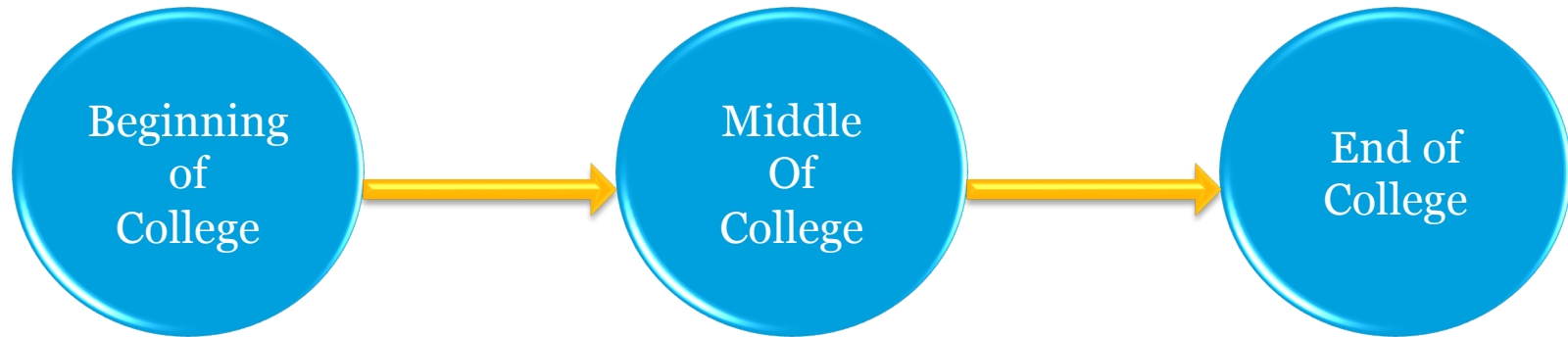
Loma Linda University
Keck - University of Southern California
Stanford University
California Northstate University
California University of Science & Medicine
Charles R. Drew University
Kaiser Permanente School of Medicine

Private (DO-Granting)

Touro University
Western University of Health Sciences
California Health Sciences University



College Timeline



Check out medical experiences to see if a good fit.

Look at the required courses and map them out.

Establish good relationships for letters of recommendation.

Use campus resources (tutors, advisors).

Participate in enriching experiences.

Make sure on track with required classes.

Determine when you want to go to medical school.

Study for the MCAT (3-6 months) if you plan to go to medical school immediately after college. Tests are Jan – Sept and spots fill fast.

Use campus resources (tutors, advisors).

If you want to go straight into medical school, work on application.

Ask people to review your application.

Practice interviewing.

Use campus resources (tutors, advisors).

The Application Process

Primary Application (AMCAS)

June 1 – November 1

Biographical Info

Coursework

MCAT

Work/Activities

Letters of Recommendation

Personal Statement



Secondary Application

June 1 – January

More info about you

School-specific short essays

Interview

August – April

Final Decision

October - August





Personal Statement “Starter Pack”

***Create your narrative...
Be authentic and vulnerable.***

What inspired you to go into medicine?

What have you done to foster and grow this passion?

How do you hope to contribute to the field of medicine?

Ask people to review your application.

Pre-medical Requirements

UC Davis School of Medicine



MCAT

(within 36 months of applying)



3 years (90 semester hours of 135 quarter hours) in an accredited college or University/Bachelor's Degree



College-level courses
(recommended within
5 years of applying)

Biological Sciences: 1 year
Gen Chemistry: 1 year
Organic Chemistry: 1 year
Physics: 1 year

Pre-medical Requirements

UC Irvine School of Medicine



Biology – 1.5 years

Includes 1 upper division biology course



Chemistry – 2 years

Include general chemistry, organic chemistry and biochemistry



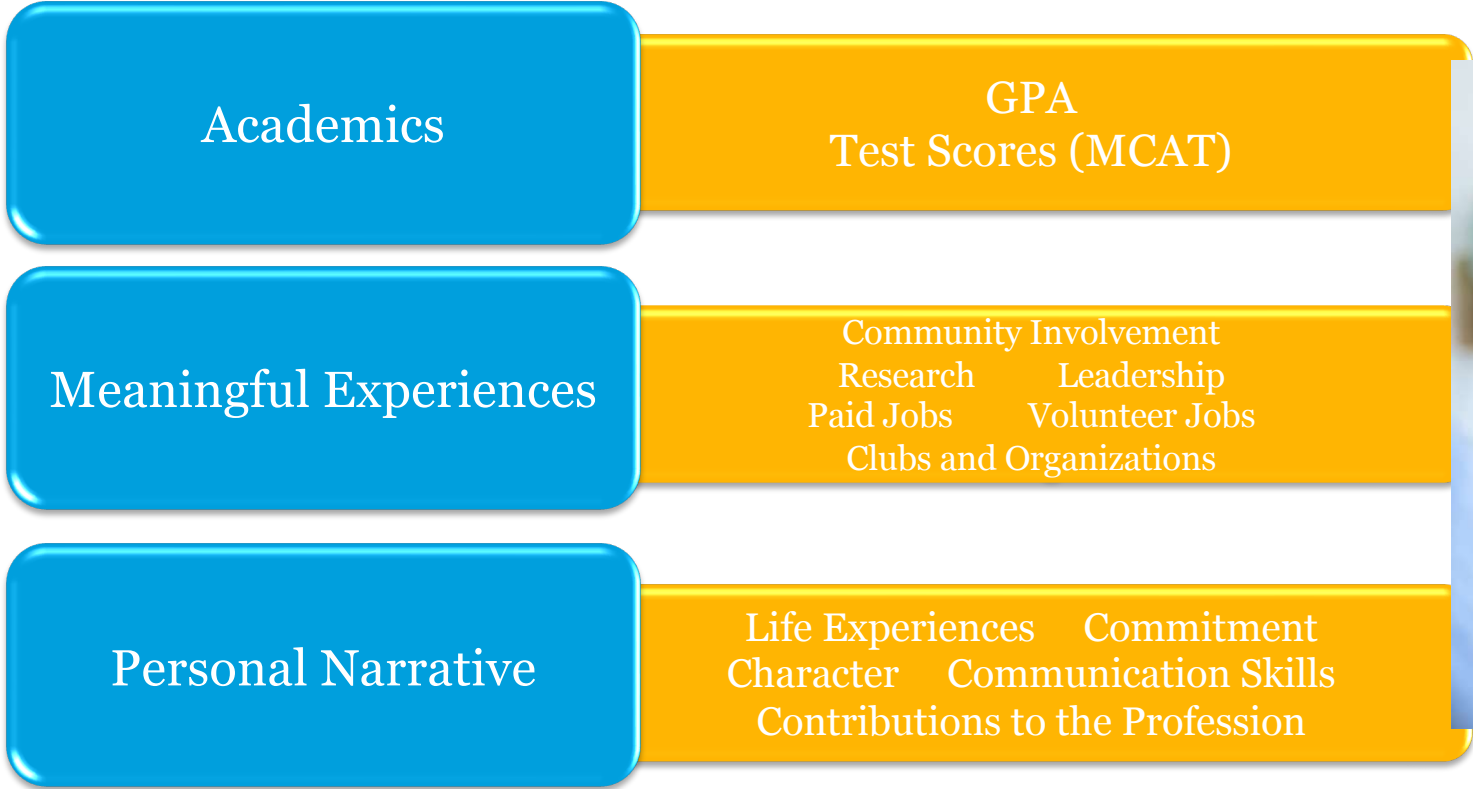
Physics – 1 year



Humanities – 1 semester



What makes a competitive applicant?



Recommendations and Tips

Finding clinical experiences

Hospitals – Volunteer Services Office

Assisted and Skilled Care Facilities

Scribes

EMT

Language services

Medical Office Assistant

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Recommendations and Tips

Plan ahead.
Ask for help.

Keep documentation
of your application
activities.

Keep track of
the timeline.

Plan ahead.
Ask for help.



Recommendations and Tips

Be proactive.
Build your support
network.
Ask for help.

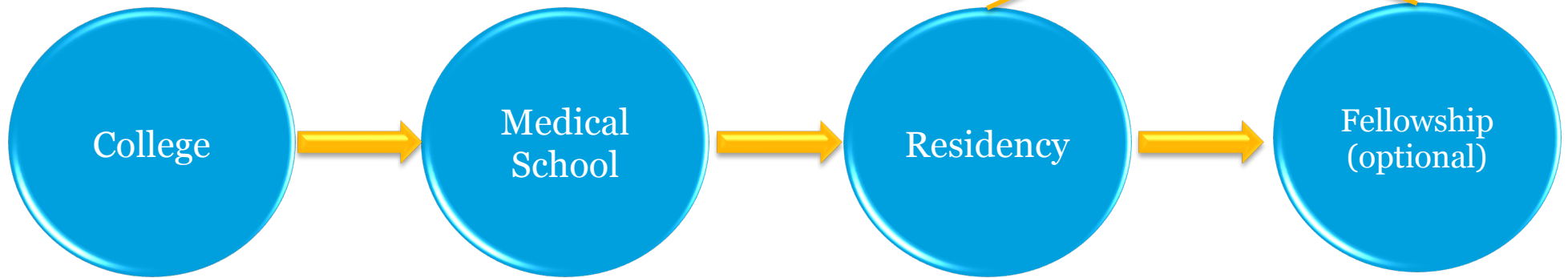
Make feasible goals.
Anticipate barriers.
Plan ahead.

Simplify.
Re-charge & replenish.

Be proactive.
Build your support
network.
Ask for help.



The Traditional Pathway



A photograph of a dirt path in a dense forest. The path starts from the bottom center and splits into two paths that lead into the woods. The trees are tall and thin, with a thick canopy of green leaves. The ground is covered in grass and small plants. The overall scene is peaceful and natural.

**There are many pathways to
becoming a doctor.**

Myth Busters!

You should take a science intense course load in community college to prove you can handle harder material.

Community college requirements do not count for medical school admissions.

Staying longer than 2 years at community college is not looked upon favorably.

Medical schools do not accept students that started at community college.

Getting a C in a core science/prerequisite course automatically disqualifies you for medical school admission.

Taking the MCAT to see how you do is a good way to figure out what you need to work on.

You have to graduate from a UC school to be admitted to a UC Medical School.

You need to be a science major to go to medical school.

General Resources

Association of American Medical Colleges (AAMC)

www.aamc.org

- Medical School Admission Requirements (MSAR)
<https://mec.aamc.org/msar-ui/#/landing>
- Official Guide to Medical School Admissions:
How to Prepare and Apply to Medical School
- Premed Worksheets
- Aspiring Docs
- Tools for successful applications

National Associations of Advisors for the Health Professions

www.naahp.org

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Resources: Pre-Health Pathway Programs

California Medicine Scholars Program

<https://californiamedicscholarsprogram.org/scholars-program/>

Summer Health Professions Education Program

<https://www.shpep.org>

AAMC Summer Enrichment Program Database

<https://systems.aamc.org/summerprograms/>

UC Davis Undergraduate and Community College Outreach Programs

<https://health.ucdavis.edu/diversity/undergraduate.html>

UC Davis Office of Student and Resident Diversity with Pre-Medical Student Resources

<https://health.ucdavis.edu/diversity/>

UCLA Pre-Health Pathway Programs

<https://medschool.ucla.edu/education/pre-health-opportunities>

UCLA Pre-Health Guidance Center

<https://medschool.ucla.edu/education/pre-health-opportunities/dgsom-pre-health-guidance-center>

Email: prehealthguidance@mednet.ucla.edu

UCI Pre-Health Professional Advisement

<https://undergraduate.bio.uci.edu/pre-health-professional-advisement/>

UCI PRIME Academies

<https://www.meded.uci.edu/prime-academy.asp>



Resources: Student & Physician Networks

Student National Medical Association

<https://snma.org>

Latino Medical Student Association

<https://national.lmsa.net>

Asian Pacific American Medical Student Association

<http://www.apamsa.org>

Association of American Indian Physicians

<https://www.aaip.org>

American Medical Women's Association

<https://www.amwa-doc.org>

American Medical Student Association

<https://www.amsa.org>

Medical Student Pride Alliance

<https://www.medpride.org/>

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