



Discover and Achieve Your Authentic Health Career Find and Secure Paid Health Internships

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Enter into the Chat

- Your school, major and year in school
- One health issue you are passionate about
- Your current health career direction (s)

Session Overview

- Hot and Emerging Health Careers
- How Can You Choose and Pursue Your Authentic Health Career
- Finding, Applying for and Securing Paid Health Internships
- Your Questions



Questions You Want
Addressed Today

Hot & Emerging Clinical Career Paths

- Primary Care Physicians
- Advanced Practice Nurses
- Physician Assistant
- Medical Assistants
- Behavioral Health
- Clinical Lab Scientist
- Pharmacists
- Medical Imaging
- Specialty RN's
- Care Coordinators
- Direct Care Workers
- Physical Therapy
- Oral Health
- Advanced Illness Care and Hospice

Behavioral Health Clinical Careers



PSYCHOLOGIST



MENTAL HEALTH
COUNSELORS: MARRIAGE
AND FAMILY THERAPIST



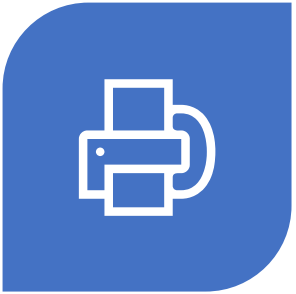
LICENSED CLINICAL SOCIAL
WORKER



PSYCHIATRIST



PSYCH NURSE PRACTITIONER



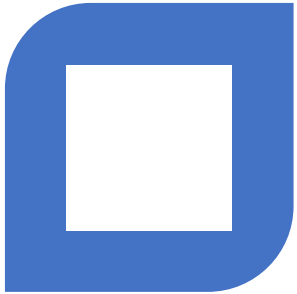
PSYCH RN OR SUD RN



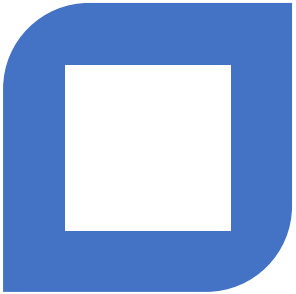
PEER SUPPORT SPECIALIST



SUBSTANCE USE DISORDER
COUNSELOR



BEHAVIORAL HEALTH COACH



MENTAL HEALTH SPECIALIST



Hot and Emerging Non-Clinical Careers

Public Health

Health Management and Policy

Community Health Workers/Navigators

Social Work

Big Data/Analytics

Digital Health

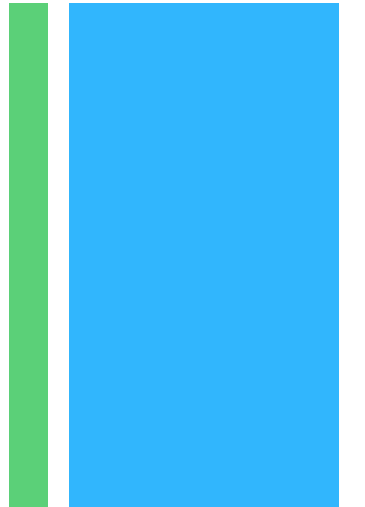
Health Information Technology

Consulting

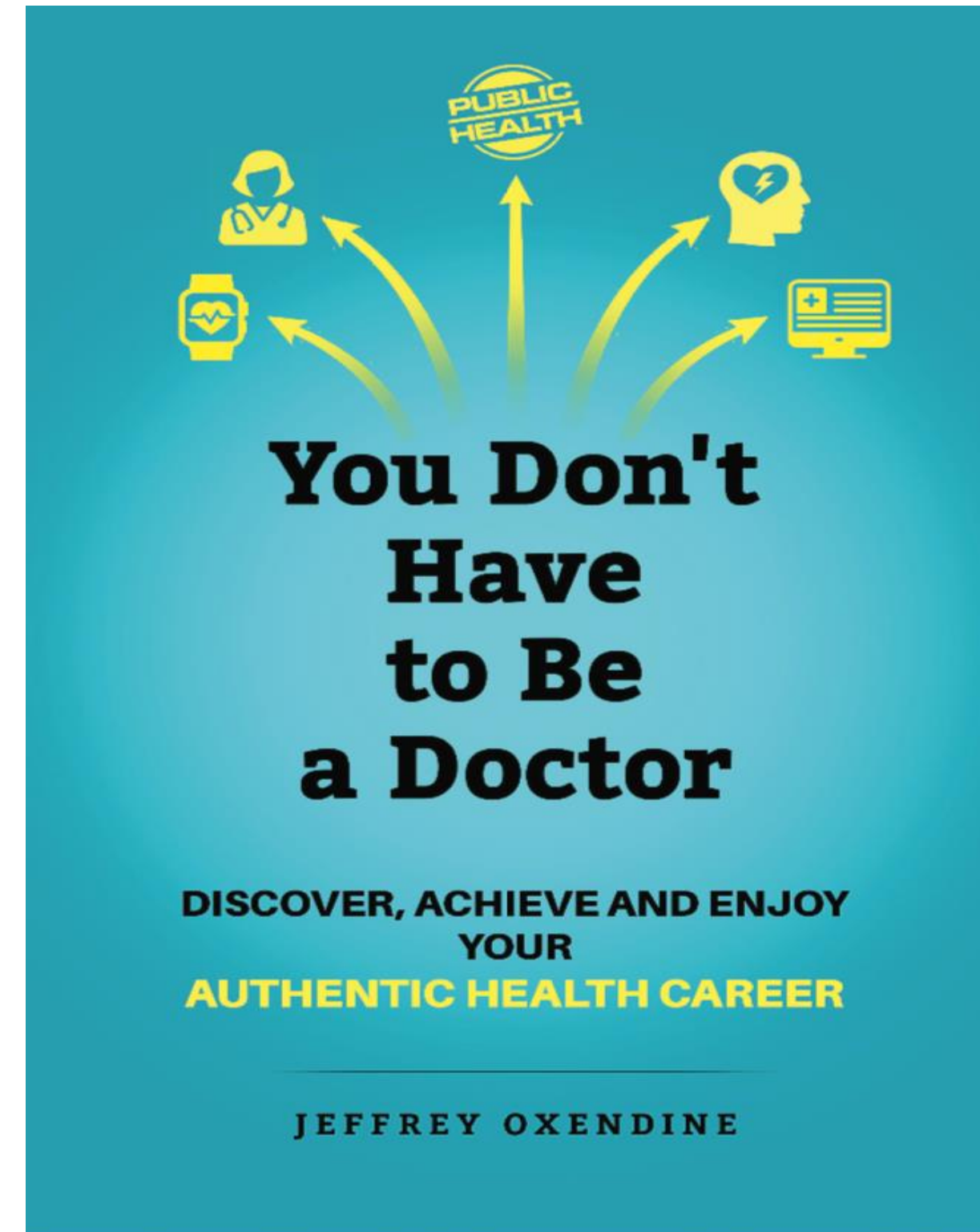
Entrepreneurship



Commission Framework: Focus Areas & Foundational Elements



A practical guide to assist
you on your health career
journey



Available on Amazon at
<https://tinyurl.com/y6o9aadx>

“As you become more clear about who you really are, you'll be better able to decide what is best for you - the first time around.”

Oprah Winfrey



Authentic Health Career Path

- Your authentic health career path is the one that best suits *your unique* talents, passions, goals and lived experience.
- *“Understand that the right to choose your own path is a sacred privilege. Use it. Dwell in possibility”.*

Oprah Winfrey

It is Your Life

- *“Your time is limited, so don’t waste it living someone else’s life.*
- *Don’t let the noise of other’s opinions drown out your inner voice.*
- *Most important, have the courage to follow your heart and intuition. They somehow already know what you truly want to become. Everything else is secondary”.*
- **Steve Jobs, Stanford Commencement**



Health and Employer Needs and Opportunities

Life and Health Career
Alignment Triangle

Being

Searching

Surviving

Purpose

Fulfilling Work

Impact

Financial Rewards

Satisfaction and Happiness

Health and Wellness

Passion, Values, Goals

Good at/Enjoy

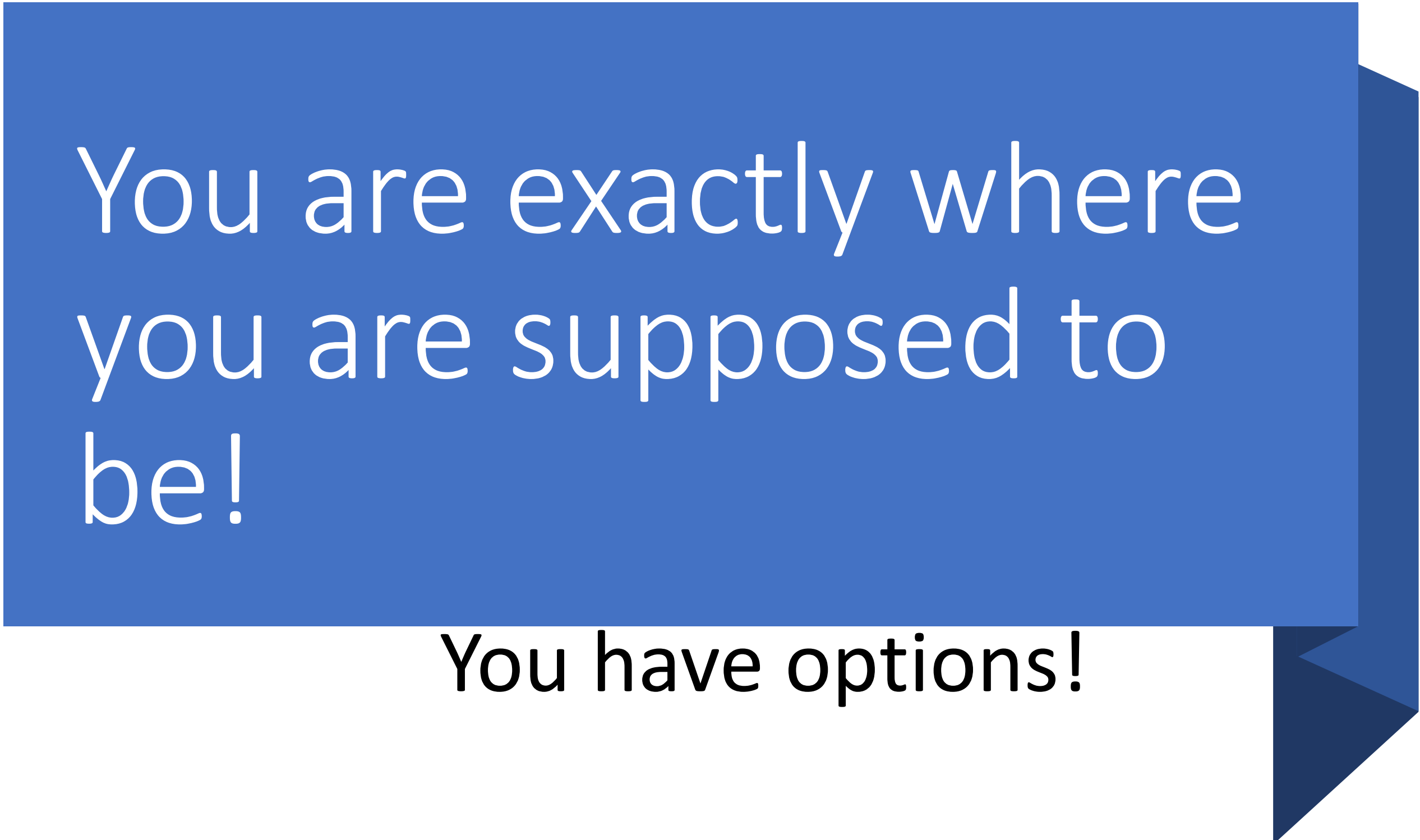
Authentic Alignment



- “Be Bold and Mighty Forces will come to your Aid”

Goethe





You are exactly where
you are supposed to
be!

You have options!

Move Forward with Intention!



Life and Career Planning Framework

Ongoing learning and adjustment

Belief and Courage

Support Network

Packaging

Educational preparation

Choose, actively pursue direction and plan

Practical experience

Self assessment and discovery

Exposure to what is possible



Put Your Self In the Flow of People and Opportunities

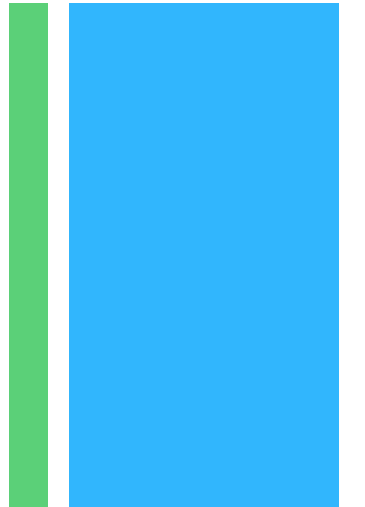
- I- Informational Interviews and Internships
- N- Network mapping, development, skills, practice
- F- Find and use mentors, faculty and friends
- L- Leverage and communicate your strengths
- O-Open to opportunity with focused and wide lens
- W-Web-based networking and search strategy

+ How Can You Get Exposure and Experience?



- Informational Interviews
- Shadowing
- Conferences
- Volunteering
- Class or practicum projects
- Student Clubs
- Group Interviews or Mentorship
- Work experience- work study, on campus, peer advising, community, health jobs
- Internships

+ Types of Internships



- Part-time, full-time
- Summer or Academic Year
- Virtual, Hybrid or In person
- Community health or public health
- Healthcare
- Health management or policy
- Advocacy
- Clinical

Exciting Internship Developments in California

- California Medicine Scholars: San Diego, Fresno, UC Riverside, UC Davis
- Health Professions Careers Opportunity Programs- Office of HealthCare Access and Information- Awards to college campuses
- Behavioral Health Workforce Development
- Behavioral Health Coach
- Peer Support Specialists

Internship Programs

- CDC CUPS Programs
- Summer Health Professions Education Programs
- UC Davis Prep Medico
- UCSF Pre-Med Summer Prep Programs
- Kaiser Permanente Launch and other organization specific programs
- Health Career Connection



HEALTH CAREER CONNECTION



2023 SUMMER INTERNSHIP PROGRAM

Inspiring and Empowering the Next Generation of Diverse Health Leaders

www.healthcareers.org

About HCC

HCC provides promising **undergraduate students** and **recent graduates** from underrepresented backgrounds and under resourced communities with life changing, career launching opportunities.

For over 32 years, HCC's proven model has empowered 4,600 alumni to become **successful leaders** and professionals in medicine, public health, health management, mental health, and business.

Our [mission video](#) highlights our mission, programs, and impact.



Jeff Oxendine

CEO & Founder
Health Career Connection



What We Do



Support priority projects in public health, health care, behavioral health, advocacy, and life sciences.



Empower students from historically underrepresented backgrounds

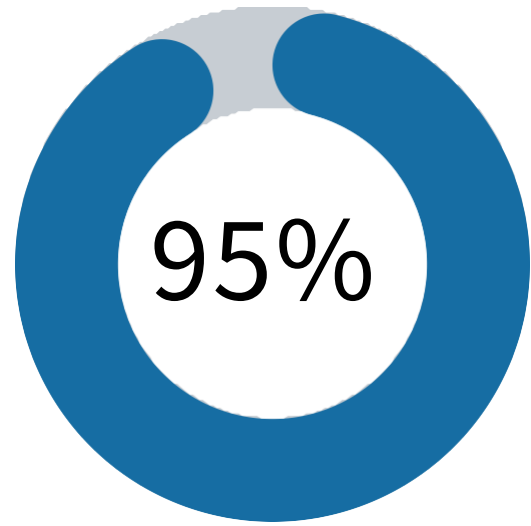


Increase diversity and capacity in the health workforce

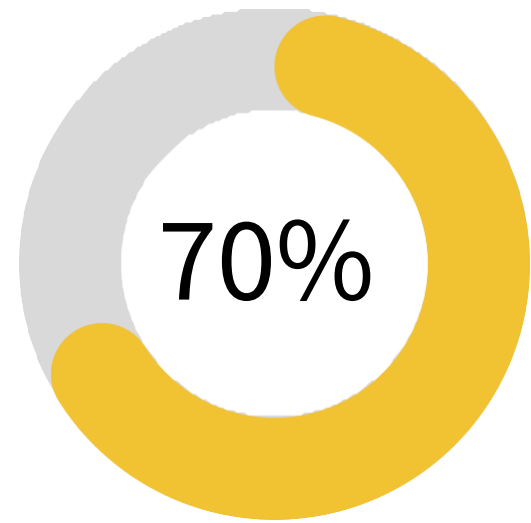


Work to build the next generation of leaders to improve health and equity in our communities

Proven Track Record



HCC interns recommend the program to peers



HCC interns received job offers from or extended their internships with their host organizations



4,600

HCC alumni in our nationwide network!

The HCC Internship

Health Career Connection (HCC)

is a comprehensive professional development program that provides **paid** summer internships to **undergraduates** and **recent graduates** in the fields of public health and health care

We provide paid, full-time **10-week internship** placements with a partner organization. Internship stipends range between **\$4,000 – \$5,600**.



Our Internship Model

HCC provides **internships** in a variety of settings including but not limited to:



- Hospitals
- Community health centers, community clinics
- Medical groups
- Consulting firms
- Health plans
- Local health departments and other governmental agencies
- Community-based organizations and advocacy groups
- Biopharmaceutical and biotechnology firms



Our **apprenticeship model** pairs each intern with a preceptor to serve as a **mentor** while working on **meaningful projects** that are educational for the student and benefit the organization and its **community**.

The HCC Network

TO INSPIRE. EMPOWER AND SUCCEED

across the country, HCC has partnered with over **300 organizations** who share our commitment to diversifying the health professions through practical experience, mentorship, and networking, and collectively addressing the importance of creating a health workforce that reflects the communities they serve.



REGIONS

- Northern CA
- Central CA
- Southern CA
- Coachella Valley CA
- Chicago
- Minnesota
- New England
- New York/New Jersey
- North Carolina
- Tennessee
- Washington D.C./Baltimore/Virginia

Some of HCC's Graduate School Partners



THE UNIVERSITY
of NORTH CAROLINA
at CHAPEL HILL



School of
Public Health
UNIVERSITY OF CALIFORNIA, BERKELEY

Harvard School of
Public Health



WAKE FOREST
UNIVERSITY

University of California
San Francisco



School of Medicine
Fresno Medical Education Program



STANFORD
SCHOOL OF MEDICINE

UCLA
FIELDING
SCHOOL OF
PUBLIC HEALTH

UC DAVIS
UNIVERSITY OF CALIFORNIA



Columbia University
MAILMAN SCHOOL
OF PUBLIC HEALTH





Internship Framework



Health Equity Scholars Program



Participation entails **20 hours** per week of virtual programming as well as a **\$2,000** educational stipend, for **8 weeks**.



Through **team-based consulting** projects, scholars cover topics such as defining **health equity**, engaging community and policy stakeholders, patient-centered care, cultural humility, philanthropy, and research.



Includes a robust series of **interactive online learning** sessions, virtual workshops, and trainings to help participants develop new skills and increase their knowledge of key issues and strategies to advance health equity.

Biopharma & Biotech



HCC is partnering with biopharmaceutical and biotechnology organizations in:

- Northern California
- Southern
- California Boston
- Midwest (Chicago, Detroit, Minneapolis)

For candidates currently pursuing careers in biotech, or interested and exploring this exciting and growing field

Types of Internships:

- Wet lab (participating in lab experiments)
- Dry lab (computational or statistical experiments)
- Business Operations
- Safety/Quality control
- Data Science
- Data Analytics
- Manufacturing
- Marketing Clinical
- Trials Compliance
- Communications
- Finance
- Human Resources
- Project Management
- Medical Science Liaison
- Regulatory Affairs
-

Relevant Skills for Biopharma & Biotech Placements

- Pipetting
- Cell Culture
- Gel Electrophoresis
- PCR
- DNA/RNA extraction
- NGS prep
- Protein assays (Western blot, ELISA, etc.)
- Flow cytometry
- Linux/Unix based environment
- Genomic analysis (RNA-seq, ChIP-Seq, etc.)
- Data analysis
- Proficient programming in at least one language (SQL, Tableau, Python, Matlab, R, etc.) Machine Learning/AI
- Statistical Modeling
- Literature Review
- Financial analysis
- Writing and electronic communications
- Excel (intermediate or advanced)
- PI
- PowerBI



Behavioral Health Placements



HCC is expanding our **internships in behavioral health**, mental health, trauma supports, and substance use treatment services!

Great for candidates interested in **psychology, community health, and related fields.**

Examples of Behavioral Health Partners



Eligibility



- Candidates must be currently enrolled in an **undergraduate program** (community college or 4-year college or university) or have **recently graduated** from an undergraduate
- **Recent graduates** must have completed their degree within the last three years.
- Candidates who are enrolled in a **post baccalaureate** are eligible to apply.
- Graduate students are not eligible to apply.
- Students enrolled in high school and/or are simultaneously taking community college classes are not eligible to apply.



Apply to HCC



Application opens October 10, 2022
at www.healthcareers.org

Deadline: December 5, 2022

January 2023: 1st Round Interviews
(varies by region)

February - March: Host Organization
Interviews

April: Placements finalized (varies by
region)

June- September: Summer Program

Programs

- **Full-time internships**
(10 weeks, 40 hours/week)
- **Part-time consulting projects**
(7 weeks, 20 hours/week)

2023 Dates

Apply By December 5, 2022
www.healthcareers.org

For questions:
info@healthcareers.org

Application Checklist



1 Online Application

2 Statement of Purpose

3 Resume or CV

4 Internship Preferences

Application Materials

Statement of Purpose

Candidates must express and demonstrate a career interest in public health, healthcare, behavioral health, biotech, and/or related fields, as well as a passion for working with underserved communities and addressing health disparities.

How has your background shaped/ influenced your career goals?

Which areas of healthcare/public health/related fields interest you?

What professional settings most appeal to you?

What skills or experiences do you want to develop?

How will HCC help you achieve your personal and professional goals?



RECOMMENDATIONS

#1. Plan ahead and submit on time

#2. Tell a story through your materials

#3. Highlight any relevant experience

#4. Learn about former interns

#5. Ask for feedback

Application Materials

Resume

Include any relevant paid and non-paid experience

Highlight any leadership roles or projects that you led/contributed to

If applicable Include relevant coursework: health, public health, policy

Describe proficiency of skills, for example: Proficient in Microsoft Excel for statistical analysis. Indicate any other languages you are proficient in.

Keep it to ONE page!



RESOURCES

UC Berkeley Career Services:

<https://career.berkeley.edu/Tools/Resume>

**University of Michigan
School of Public Health:**

<https://sph.umich.edu/careers/tutorials.html>

Apply to HCC Today!

Online information sessions will be announced on **October 10, 2022** at www.healthcareers.org



www.healthcareers.org

Contact Us



www.healthcareers.org



info@healthcareers.org



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Plaza Suite 243
Oakland, CA 94612



A decorative background featuring several thin, curved lines in shades of gray and blue, some solid and some dashed, creating a sense of motion and depth. A prominent blue speech bubble is positioned on the left side of the slide, containing the text 'Network with me!'.

Network with
me!

- Informational interviews
- Jeff Oxendine- Oxendine@Berkeley.edu

Future CA Health Leaders and Professionals: HCC Interns



Some of HCC's Graduate School Partners



THE UNIVERSITY
of NORTH CAROLINA
at CHAPEL HILL



School of
Public Health
UNIVERSITY OF CALIFORNIA, BERKELEY

Harvard School of
Public Health



WAKE FOREST
UNIVERSITY

University of California
San Francisco



School of Medicine
Fresno Medical Education Program



STANFORD
SCHOOL OF MEDICINE

UCLA
FIELDING
SCHOOL OF
PUBLIC HEALTH

UC DAVIS
UNIVERSITY OF CALIFORNIA



Columbia University
MAILMAN SCHOOL
OF PUBLIC HEALTH





- “If one advances confidently in the direction of his dreams and endeavors to live the life imagined, he will meet with a success unexpected in common hours”

Henry David Thoreau, Walden



Evita Limon Rocha, MD, MPH

- Local pipeline program product- Reach Out & HCC
- MD and MPH
- ULCA Med, UC Irvine Psychiatry Resident
- Policy Advocate
- NHMA Resident of the Year
- Returned to serve in Inland Empire as Child and Adolescent Psychiatrist
- Devoted Mother of 3





HEALTH
CAREER
CONNECTION



Thank You



www.healthcareers.org