

From CC to Medicine: Steps & Strategies

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Overview & Objectives

- Visual introduction to our medical school
- Understand the national admissions process for medical school
- Follow process to a specific medical school
- Appreciate the strong connection between UA COM-P and CA
- Start preparing for your next steps today, and...
- ***TRUST you will be prepared!***

University of Arizona College of Medicine - Phoenix



Admissions Processes

National Overview

Admissions *Processes*

National Overview – 2021 Data

Applying

1. National Application (AMCAS)

Demographic Information
Personal Statement
Official Transcripts
Letters of Recommendation

2. Supplemental Application

3. Interview

Getting Accepted

1. Apply to multiple schools – average of 18 applications per student

2. Get feedback on your application from multiple trusted sources

3. Continue pursuing clinical experiences and volunteer opportunities

4. Be able to explain your interest in medicine

Matriculating

- 3.73 avg. GPA nationally
- 3.66 avg. Science GPA nationally
- 511 avg. MCAT nationally
- 160 student national average class size

Source: © 2021 Association of American Medical Colleges

IMPORTANT DATES

National Process for 2022-23

Description	Date
AMCAS National Application Opens for Students	May 3, 2022
AMCAS Open for Submission to AAMC	May 27, 2022
Applications Transmitted to Medical Schools	June 25, 2022
<i>Choose Your Medical School</i> – Declaration to Matriculate	April 30, 2023

Admissions Processes

at the College of Medicine - Phoenix



Our Mission

Mission Statement

The University of Arizona College of Medicine – Phoenix inspires and trains exemplary **PHYSICIANS, SCIENTISTS** and **LEADERS** to optimize health and health care in Arizona and beyond. We are uniquely positioned to accelerate the biomedical and economic engines in Phoenix and the State by leveraging our vital relationships with key clinical and community partners.

CORE PILLARS

Education

Research

Clinical

Community

Admissions *Data*

At the College of Medicine - Phoenix

Applying

- Multiple Mini Interview (MMI)

= 6,500
Applicants

Getting Accepted

- Students who can “balance it all”
- Applicants who demonstrate the 16 desired attributes personally and professionally

= 480
Interviews offered

Matriculating

- Increased class from 80 to 100 to 120 over the last three application cycles
- College of Medicine – Phoenix’ campus was created for classes of 120 students

= 120
Incoming students

Academic Requirements

- Bachelors degree conferred by June 15, 2022
- Medical College Admissions Test (MCAT) scores taken within last three years

Overall GPA

3.0

Minimum

3.77

Average

Science
(BCPM) GPA

3.0

Minimum

3.70

Average

MCAT Score

500

Minimum

514

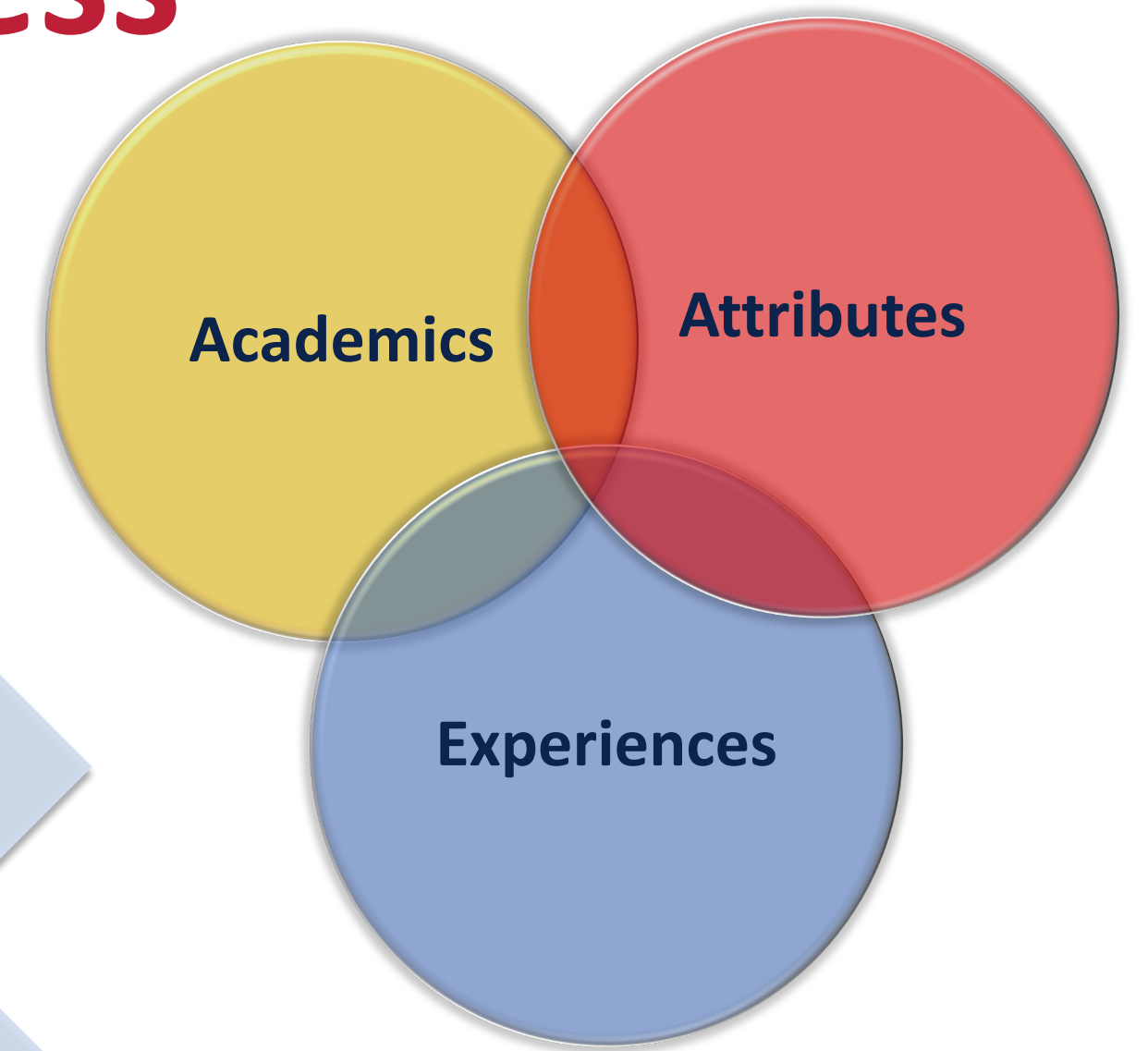
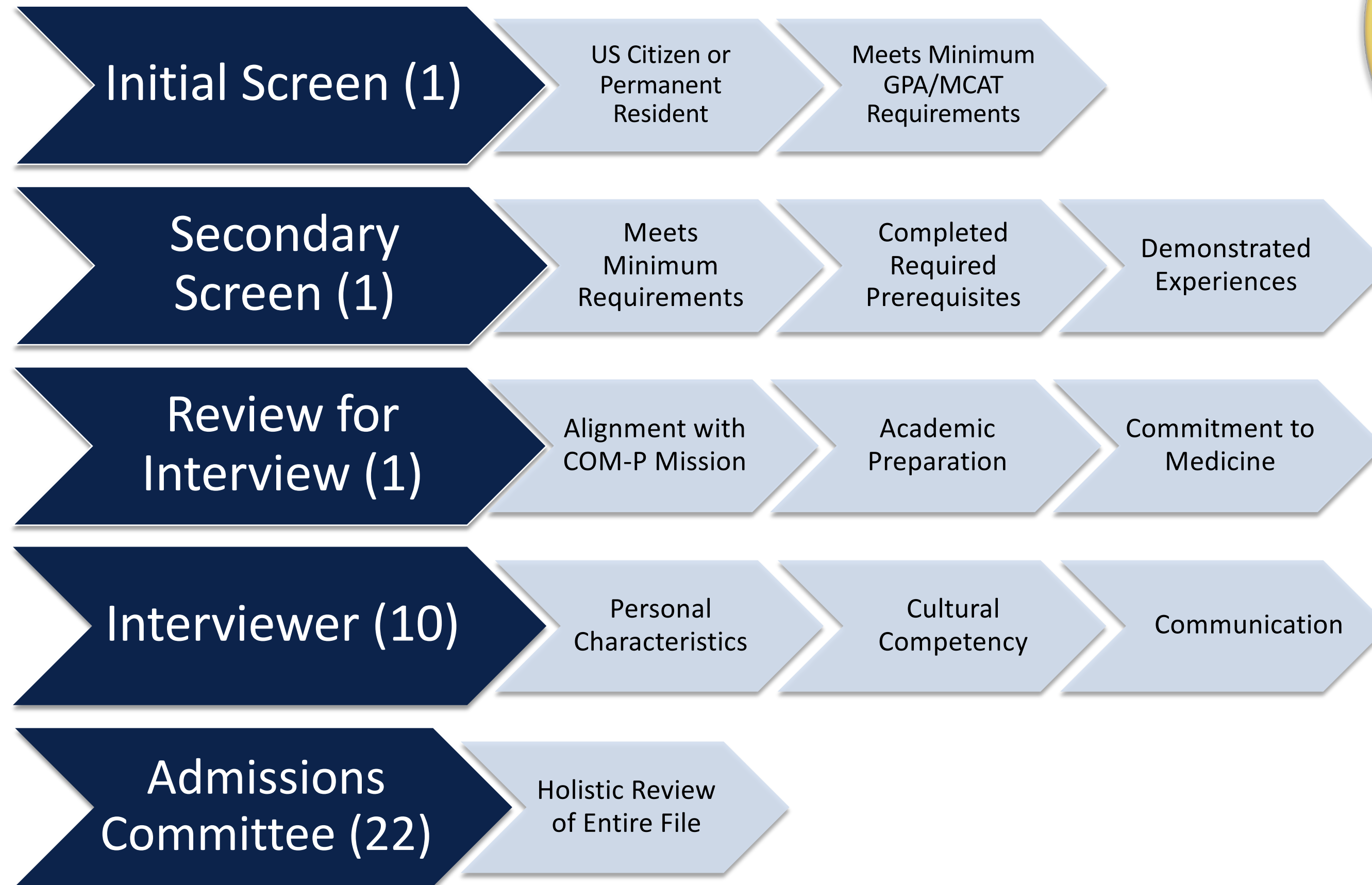
Average

Required Courses

Subject	Quantity and Discipline
Chemistry	1 – Biochemistry 1 – Additional (e.g. general chemistry)
Biology	1 – Human or Mammalian Physiology 2 – Additional (e.g. cellular biology, microbiology)
Behavioral Sciences	2 – Courses from any of the following: cultural anthropology, economics, health care administration, psychology, sociology, public policy, family studies, history, political science, social work, behavioral health, etc.
English	2 – Writing-intensive courses (e.g. creative writing)
Mathematics	1 – Course more advanced than college algebra (e.g. statistics)
Humanities	1 – Course from any of the following: art, music, theater, speech and communication, philosophy, religion, gender studies, ethics, literature, etc.

- Notes:
- Grade of C (2.0) or higher required for all courses.
 - One of the science courses must be upper division.
 - Labs are not required – **UCLA Extension courses accepted!**
 - Must be completed spring term prior to matriculation.
 - AP, IB, CLEP accepted if listed on official college transcript.

Holistic Review Process



= 35
Total Reviewers per Application

Curriculum *Highlights*

Personalized Medical Education

MS1 and MS2 years

Dual Block Directors (MD and a PhD)
Organ-Based Curriculum
Doctoring
Capstones & Community Clinical Experiences
Personalized Active Learning (PAL) Block
Scholarly Project (all 4 years)

MS3 and MS4 years

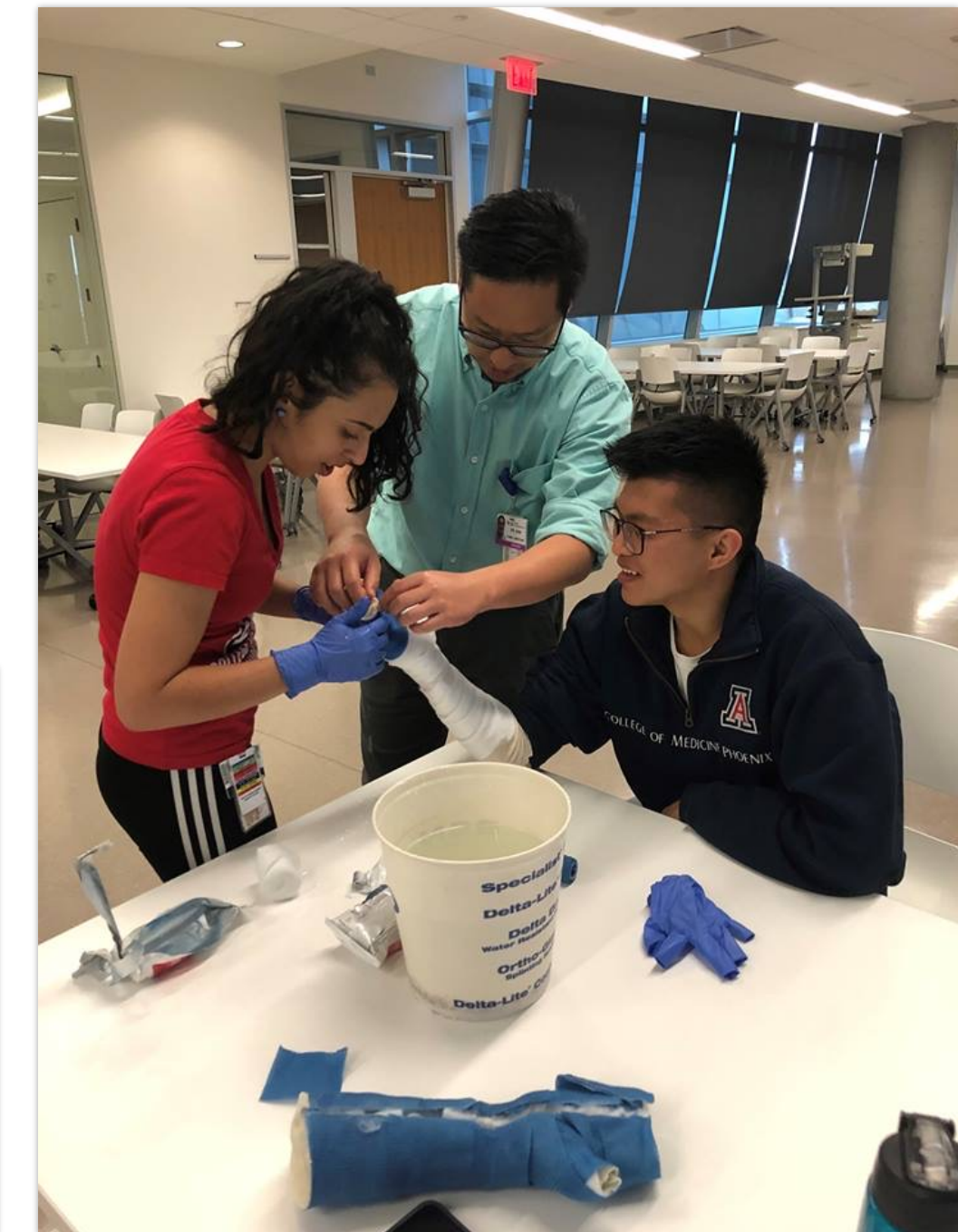
Early Clinical Training
Longitudinal Patient Care
Scholarly Project (all 4 years)

Certificates of Distinction (CODs):

Global Health Rural Health
Primary Care Service Learning
Health Humanities

Dual and Concurrent Degrees:

MD/MPH (d) MD/PhD (d) MD/MBA (c)



Our Distributive Model

Clinical Partner	Bed Count	Specialty Course Offerings
Banner – University Medical Center Phoenix	712	50
ValleyWise Health	612	40
Phoenix Children’s Hospital	433	26
Mayo Clinic	273	18
Phoenix VA Health Care	177	17
St. Joseph’s Hospital/Barrow Neurological	607	16
HonorHealth	262	8
Abrazo Community Health	160	2
Hospice of the Valley		1



Banner – University Medical Center Phoenix

Banner — University Medical Center Phoenix — recently ranked among the U.S. News & World Report’s top-50 hospitals nationally for specialty care areas including geriatrics, nephrology and urology — is one of Arizona’s leading hospitals for medical care, treatment and recovery. As an academic medical center focused on clinical excellence, research and teaching, the goal of their entire team is focused on ensuring patients and their families receive the best care from medical experts.



Phoenix Children’s Hospital

Phoenix Children’s Hospital is Arizona’s only children’s hospital recognized by U.S. News & World Report’s Best Children’s Hospitals. As one of the largest pediatric health care systems in the country, Phoenix Children’s provides world-class care across more than 75 pediatric specialties to children and families in Arizona and across the Southwest.



Phoenix VA Health Care System

The Phoenix VA Health Care System proudly serves Veterans in central Arizona at the Carl T. Hayden VA Medical Center and nine community-based outpatient VA clinics. The Phoenix VA Health Care System is joining a growing number of VA health care facilities in providing patient-centered health care delivery through Patient Aligned Care Teams.



Mayo Clinic

Mayo Clinic’s Arizona campus is ranked the No. 1 hospital in Arizona by U.S. News & World Report and is ranked No. 11 in the nation on the “Best Hospitals Honor Roll.” The clinical practice is focused on adult specialty and surgical care in more than 65 medical and surgical disciplines, supported by outstanding programs in medical education and research.



St. Joseph’s Hospital & Medical Center and Barrow Neurological Institute

Dignity Health St. Joseph’s Hospital and Medical Center is a nationally recognized center for quality tertiary care, medical education and research in Central Phoenix. It includes the internationally renowned Barrow Neurological Institute®, the Norton Thoracic Institute, Center for Women’s Health, University of Arizona Cancer Center at St. Joseph’s and a Level I Trauma Center verified by the American College of Surgeons.



Valleywise Health

Formerly Maricopa Integrated Health System Maricopa Integrated Health System (soon to be Valleywise Health) has a proud tradition of being both the community safety net health care system, with a mission and commitment to serving the underserved and Arizona’s only public teaching hospital.



HonorHealth

HonorHealth offers a network of experts who are focused on the well-being of patients and their families. HonorHealth provides that focus. The HonorHealth health system encompasses more than 3,400 expert physicians, 11,600 dedicated employees, and more than 3,000 caring volunteers working in partnership.



Hospice of the Valley

Hospice of the Valley is the leading provider of hospice care, serving more than 18,500 patients and their families last year. Care teams provide compassionate care in the comfort of home, relieving symptoms and addressing the patient’s medical, emotional and spiritual needs.



Abrazo Community Health Network

Abrazo Central Campus has been a provider for the Phoenix community for more than 40 years, growing along with the city to provide the best possible care, close to home. An acute care and teaching hospital, Abrazo offers a complete range of health care services — from women’s health, oncology and wellness to cardiac care and neurology.

California to Arizona

Applicant Overview



Admissions Data *(2018-2021)*

UCLA – Go Bruins!

Applications Received

1. University of California – Los Angeles (353)
2. University of Arizona (308)
3. Arizona State University (293)
4. University of California-San Diego (194)
5. University of California-Berkeley (181)

Interviews Offered

1. Arizona State University
2. University of Arizona
3. University of California – Los Angeles
4. Brigham Young University
5. University of California-Berkeley

Acceptances Made

1. Arizona State University
2. University of Arizona
3. University of California – Los Angeles
4. Brigham Young University
5. University of California-Berkeley

Matriculated

1. Arizona State University
2. University of Arizona
3. University of California – Los Angeles
4. Brigham Young University
5. University of California-Berkeley



What should I do now?

Start Building a Personal Statement

Personal Statement

- What is your motive for applying to medical school?
- What intrigues you about life, about medicine?
- A personal statement will help guide you far beyond applying to medical school—ask yourself, “What truly motivates me? Is this really who I am? Can I do this all my life?”
- Think of this as the behind the scenes look at who you are as a person, not as a pre-med student.

Key Themes

- Pick one or two themes to carry throughout your personal statement (resilience, humility, etc.).
- Ideally, the personal statement should be written from your perspective as an adult, not in childhood.
- Pick one significant moment or experience and crystallize it for your readers. Tie it back into the themes you selected.

Do's and Don'ts of the Personal Statement

Do

Include these elements

Write in present tense

Resolve all hanging stories

Remember that many will read this statement—is it approachable?

Don't

Leave these out

Rewrite your Experiences section—this isn't a resume

Share your entire life story

Forget to ask for feedback!

Get Excited!

- Start by asking close family and friends to read it. They will likely just give you encouragement, but also be able to tell if you are being boastful.
- Next, ask multiple trusted leaders and/or medical professionals. What is their initial reaction?
- Then, ask a current medical student—they will remember the process well.
- Finally, trust yourself!



Match Day [Video](#)

Recent Graduates:

UA College of Medicine - Phoenix

Case Western/University Hospitals

Children's Hospital – Los Angeles

Dartmouth – Hitchcock Medical Center

Emory University School of Medicine

Johns Hopkins Hospital

Harbor – UCLA Medical Center

Kaiser Permanente – Los Angeles

Massachusetts General/Harvard

Mayo Graduate School of Medicine

New York-Presbyterian/Weill Cornell

Northwestern McGaw

Santa Barbara Cottage Hospital

UC Irvine Medical Center

UC San Francisco Medical Center

Yale New Haven Hospital



Q&A